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CHECK US OUT ONLINE AT THEREFLECTOR.CA, [FACEBOOK](https://www.facebook.com/reflectthis) and [TWITTER @REFLECTTHIS](https://twitter.com/reflectthis)

TWITTERSPHERE

@KyleMacQuarrie: I have done 5 library research info sessions in 1 1/2 years. How is there not a "certified" option that allows an opt out? #MRU
 @xo_danibee: I went to #mru half an hour early so I could stand in line at tim's. #dedication
 @LostNights: Wankin zee bulox, at #MRU studying on a sunday. I fear I may be growing up!
 @AprilDelainey: Studying for my midterms is interfering with my sunday football watching. #mru #NFL
 @MissiKrisi: The girl working the #JugoJuice in the EA building at #mru needs a fricken medal. Huge lineup, she's alonr, and she's holding it together.
 @antipretty_yyc: I think I need to hire a personal sherpa to transport all my stuff to the library from now on. #MRU

PHOTO GALLERY: MRU after dark

Photographer Samara Hawkins shoots around campus with the lights down

PHOTO GALLERY: Cougars' soccer

Photo editor Jorden Dixon snaps men's and women's soccer action

FROM THE VAULT: Well-suited

Get the low down on how to dress up. Check out the Oct. 7, 2010 issue in our archives



Campus alive after hours

New plan offers students better services after peak times

Samara Hawkins
The Reflector

Students don't always choose to be at school at night, but sometimes it can't be avoided.

With looming deadlines as the semester progresses, more people find themselves at school well into the evening.

Here's the scenario: it's 10:30 p.m. and you're hungry. Vending machine food isn't all that appetizing. Where do you go? And what other services can you access?

"The campus is very different at night," said student Elizabeth Gould. "There are not a lot of things open, and it's hard to know what you can find that is open."

The reality is Mount Royal University doesn't offer many services after hours, but there is a committee working on changing that.

MRU@Night, a new school-wide initiative, is finding ways to make the school more hospitable to students and faculty members who are here at night.

"The overall goal is to improve the quality of service for students, faculty, staff and visitors to the campus during what we now call off-peak hours," said Mike Reed, MRU director of business and retail services. "We acknowledge that our peak hours are from eight in the morning to five at night, but our off-peak hours are still pretty busy."

Although the campus may feel empty after hours, Reed explained there are anywhere from 2,500 to 4,000 people on site on weeknights, and the committee wants to make

sure they are providing a good customer service experience, regardless of the time.

Five main objectives have been identified:

Improving Communications

As an MRU student, knowing what's going on around campus is essential. The committee has already created different displays running after 5 p.m. on the flat screen TVs throughout the school, and is also providing printed material that lists various services available in the evening.

Better Way-Finding

More maps will be available, and an electronic way-finding system similar to what you would find in a mall will be installed in the EB building. There's also talk about a smartphone app that would help anyone find their way around campus, at all times of the day.

Transportation Options

Students said they wanted a way to easily find the buses coming to campus at night, and where they stop. MRU@Night has published a pamphlet listing all the nearby

hour access to quiet study areas and group work, especially during exam times.

Students are not the only ones who feel that the lack of services affects their time at MRU. Faculty and event organizers are finding it difficult to receive assistance, whether it is with way-finding or technical support.

Environmental science instructor Diana Fletcher echoed this concern.

"If you need help there are very few people to help you," she said. "Right now, there's not much."

"Lab support services are difficult after hours."

Brian Fleming, VP of student affairs and campus life, said, students have been frustrated with a lack of consistency.

"Some things were open, some things weren't," Fleming said. "I would say services are good, although not always available when students want them."

He said several strategic issues need to be addressed and they would like to see all the information people need to survive Mount Royal at night contained in a single virtual and physical location.

"I think the students are looking for one place to know anything, he said. "And to be able to go back there tomorrow and the next day because they have a different question every day."

For a complete list of all services available to anyone on campus in the evenings, please visit: <http://www.mtroyal.ca/CampusServices/CampusResources/MRU@night/index.htm>

What's open after 5 p.m. on weeknights?

food & drink		study spaces	
Herb 'n Market	Mon - Thursday to 6 p.m.	21 multipurpose rooms	
The Hub	Mon - Fri to 11 p.m. (food) Mon - Fri to midnight (drinks)	8 cubicle areas	
Jugo Juice (Athletics location)	Mon - Thurs to 8 p.m.	5 quiet areas	
Starbucks (East Gate, EB & EC)	Mon - Thurs to 8 p.m.	For detailed study space locations, visit mtroyal.ca/student_spaces	
Tim Hortons	Mon - Thurs to 8 p.m.	campus transit	
Wyckham House Food Court	Mon - Thurs to 9 p.m. Friday to 8 p.m.	Bus routes are displayed on selected evening campus information screens for more info visit: Calgary Transit — calgarytransit.com MRU GPS Trip Planner — transit.mtroyal.ca	
health & wellness		or call Teleride at 403-974-4000	
Health Services	Mon - Thurs to 6 p.m.	other services	
Optimal Therapies	Mon - Fri to 8 p.m.	BookStore	Mon - Thurs to 6:30 p.m.
Recreation	Mon - Thurs to 11 p.m. Fri to 10 p.m.	Computer Lab E151	Mon - Thurs to 8 p.m.
Student Counselling	Tues - Thurs to 6 p.m.	Security/SafeWalk	24hrs/day 403-440-6897
Wyckham Pharmacy	Mon - Thurs to 6 p.m.	Ticketmaster	Mon - Thurs to 6 p.m.

Listings: Laura Lushington

Enhancing Food Services

Reed said the MRU@Night team heard demands for more night-time food options "loud and clear."

There will be more places to eat and more options to choose from at night, including The Hub in Wyckham House and kiosks on the east side of campus.

stops and their codes so it's easy to call the tele-ride system and get the times of the next bus.

Student Space Needs

More study space is an issue for everyone on campus, not only night dwellers. The committee is looking at ways to make sure students have 24-

NEWS

NEWS EDITOR:
Rachael Frey
newseditor@thereflector.ca

October 6, 2011

BRIEFS

The Progressive Conservative party elected Alison Redford as Alberta's first female premier on Oct. 1. Redford defeated Gary Mar after the preferential ballot was totaled. She said: "Alberta has voted for change. Make no mistake, we are going to do things differently."

Mount Royal University will be hosting the International Children's Well-Being Symposium on Oct. 26 and 27. The symposium, which is part of the Legacy of Ideas, will focus on topics such as the science behind early childhood development and social issues facing children's wellness around the world.

In support of Mental Illness Awareness Week, MRU is screening the film *Oil on Water*, a movie telling the story of discovering schizophrenia. Organizers are hoping to attract the attention of 18 to 24-year-olds who are at risk for undiagnosed mental illness. The film will play on Oct. 9 at 7 p.m. in the Jenkins Theatre, and a group discussion will follow.

LIVE, LEARN, & TEACH IN JAPAN

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LOCATION: Y 224

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NOVEMBER 25

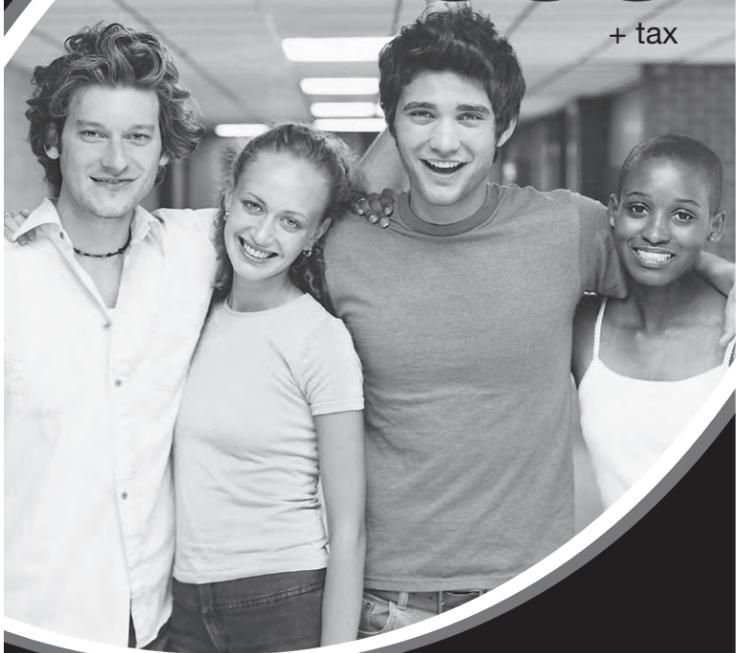
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ACCESS DENIED

Surviving without Access Copyright

BAJ Visser
The Reflector

It happened without much fanfare, but the way Mount Royal University students and faculty access copyrighted material changed drastically this September.

MRU opted out of the Canada-wide Access Copyright program on Sept. 1, in protest over proposed changes to the tariff handling copyrighted materials.

"There are enough issues in the proposed tariff that we as a university could not comply with it," said Rebecca Cleaver, MRU's first-ever copyright adviser.

Previously, MRU students and faculty would use or copy materials that Access Copyright had acquired rights to. Access Copyright acts as a copyright collective, working with copyright holders on behalf of its subscribers.

That changed when the Canadian Copyright Licensing Agency proposed a number of the changes to Access Copyright, including: stricter auditing requirements, month-

ly usage reports, changes to the definition of course materials to include links and Internet artifacts and access to secure network files including emails.

"This was a huge privacy concern for us as well as a number of other schools," Cleaver said.

Also among the proposed changes is a \$45 per student fee, up from \$3.88 per student, something Cleaver said would have cost MRU a quarter-million dollars each year.

"There was also an issue about being double-charged," Cleaver said, adding that the new agreement failed to take exemptions in the copyright act into consideration, works that the MRU library subscribes to, and works by the course professors themselves.

As a result, MRU is going it alone, using numerous tactics so students and staff can continue accessing works they need for assignments and lectures.

Materials found in books and literature the library owns or subscribes to are fair game.

"Much of the library's collection budget goes to securing electronic resources for the in-

stitution, so we want to make it known to students and staff that these materials are here for them to use," Cleaver said.

Professors and students can also turn to open-access materials, or materials covered under the Creative Commons policy. Many of these online or public domain works are free to use in non-commercial circumstances including education.

Professors and librarians are also working out transactional licenses with various license holders. Cleaver said it takes more effort on the faculty's part, but many of the holders are open to such agreements with universities.

Finally there are uses that fall under the exceptions in the Canadian Copyright Act. Cleaver said the projection of copyrighted materials onto a screen, using such materials in exams, and fair dealing can allow students and staff to use otherwise restricted pieces in class.

This is the first semester MRU is going without access to Access Copyright, and so far the Students' Association of Mount Royal University's VP academic Jennifer Langille hasn't heard any problems.

"We're able to cut out the middle-man, meaning we can save some money for students," she said. "I think that is the most important consideration for the school, that by opting out we can save students and the school a huge amount of money."

Cleaver created an online guide for students interested in learning more about copyright and copyright compliance at libguides.mtroyal.ca/copyright

Part of the proposal MRU rejected was a fee hike from \$3.88 to \$45 per student.

Illustration: Troy Kirkland



LETTER TO THE EDITOR

In response to "SA pushing for uniform grading" (*The Reflector*, Sept. 22, 2011) I urge caution. While it is optimal to have a system where the same piece of work will earn the same grade no matter the instructor, the challenges of grade normalization are immense.

Two people can look at the same painting and see something different in it, let alone assign it a value.

To establish a completely effective uniform grading scheme would require an exhaustive list of grading rules that would cover every subject and ensure equity across the disciplines. Only then could you ensure that a student earning an "A" in one class/

course/discipline/faculty represents the same level of performance as in another.

I would argue that reading a rubric or course outline would be significantly easier and time efficient than asking students to review the tome of grading rules that would be required for a diverse university such as MRU.

It is true that many well-known institutions have standardized grading. Not having worked at all such institutions I cannot say with absolute certainty, but my experience and that of people I know leads me to the conclusion that these universities simplify the complications of standardized grading by standardizing the

grades; they define the average grade for a course.

For example, no matter the year, semester or instructor, some universities will inform professors that the average grade in their course will be "C". If the students are doing poorly then the grades are normalized upward, but if they are performing admirably then they are reduced to maintain a standard grading from semester to semester.

Under these conditions, it no longer matters how well you perform but how well you perform relative to your peers.

As an undergraduate student, I benefited from — and was subjected to — uniform grading.

Imagine taking a physics course where the average final grade is 17 per cent. Thanks to uniform grading everyone's mark was increased by 48 per cent so that the class average was 65 per cent.

I took a programming course where the average was 85 per cent, so the grades were standardized down 20 per cent. I also took a film studies course where the instructor quite efficiently maintained a uniform "C" average by giving everyone in the class a "C+", "C", or "C-".

Personally, I would have just preferred to have my instructors design their assessment methods differently.

Here at MRU I try to foster

a community in my classroom where students can work together rather than against one another. We're not just about being face-to-face for instructor-to-student, but also student-to-student.

Standardized grading and standardization of grades may be two different things, yet one typically leads to the other. I advise against rushing into any institution-wide grading schemes, as the side-effects may be more significant than initially considered.

Brett McCollum is an assistant professor in the department of chemical and biological sciences at Mount Royal University.

SPOT PLOT



Photo: Jordan Dixon

The lot where the conservatory will eventually be built silently mocks students looking for a parking space.

Bella takes over Lot 8

Students still seeking space outside the parkade

Shannon Galley
The Reflector

Parking Lot 8 located in front of Mount Royal University's East Gate was closed this year to accommodate construction on the new Bella Concert Hall and conservatory.

The East Gate parkade was built to counter the loss of parking from Lot 8.

While Mount Royal parking and transportation department has said there is no lack of parking on campus, many students are still struggling to find stalls at desired times and price ranges.

Andrew Bosch, a fourth-year marketing student, said parking has been getting progressively worse since 2008. He said he would like to see more lots opened to accommodate parking demands.

"They should expand the four-dollar lots every year," Bosch said. "The parkade is too expensive, they need to open the S10 lots by the Currie Barracks like they used to have."

Stefan Durston, parking and transportation manager, said it all depends on where students want to park.

"There is no lack of parking,"

Durston said. "I can walk you through 400 to 500 empty stalls everyday, which is the East Gate parkade. I think it is just a lack of knowledge at this point in time."

According to MRU's website, the parkade is sufficient to replace the spots taken away by Lot 8's closure. It's believed stalls will open up in the empty lots as more people will be using the parkade this year.

"We were aware that Lot 8 was closing and that's why the East Gate parkade was built," Durston said. "There is space. There may not be space where they desire or at the price students desire."

"The parkade makes up for the parking that was lost in Lot 8. It's the same price per hour, but there is a two-dollar premium per day."

Melissa Dyck, a business student at MRU, said she switched to the parkade this year because finding spaces in the open lots was just too difficult.

"Parking is better now that I am in the parkade," she said. When I had an open lot pass I had to drive for almost 30 minutes to find a spot.

"Now that I am in the parkade I don't have trouble parking, but I am also paying a lot to have that convenience."

Durston said the break-even cost of a parkade stall per year is actually \$2,500, so the \$900 annual fee is a good deal. Yearly passes for open lot parking permits are subsidizing the cost of the \$30-million parkade, he added.

Durston also said that four dollars per day is not a bad cost for parking.

"If you look at other colleges and universities around Alberta, Mount Royal's parking is relatively reasonable especially for being in the city of Calgary."

Bosch and Dyck said Mount Royal definitely needs more parking.

"Besides building another parkade, there isn't space on campus," Dyck said. The only other thing they could do would be to build more parking off campus where the corporate buildings are."

When construction is completed, Durston said they might get some parking back. But, he maintains parking shouldn't be an issue until then and isn't an issue now.

Construction on the Bella is scheduled to start in December, said Steve Foster, director of physical resources.

BENEFITS PLAN

Students' info security questioned

Rachael Frey
News Editor

Questions have been raised over an anonymous email sent to schools using Gallivan & Associates Student Networks as their health benefits provider.

The email seems to have originated from a student at Ontario's Conestoga College, but has since been copied and pasted by others. It states the online health benefits opt out form was not encrypted, leaving students' personal information vulnerable to cyber criminals:

"I have discovered that the online opt-out form for the student health plan does not utilize proper encryption (https or SSL) to protect the data that students must submit," the email said.

"As a result, all of the sensitive identifying personal information, including first and last name, student number, date of birth, address, email, telephone numbers, health insurer info (and for some schools, like Conestoga, attached, students' personal banking information) are transmitted without any encryption or security over the internet where anyone 'listening' can easily intercept it."

The form has since been taken down after the opt-out date passed on Sept. 30. However, a screenshot attached to the email shows the form posted on Gallivan's website, www.mystudentplan.ca.

Gallivan & Associates, a third-party company between the insurance company and plan beneficiaries, is used by a number of post-secondary organizations in Canada including the Students' Association of Mount Royal University.

In an email sent by Brian Boechler, Gallivan & Associates client services director, the company does not deny they weren't using an SSL certificate, describing it as an additional security measure they were in the process of establishing.

However, Spencer Brewer, an independent information security analyst, said the absence of an SSL certificate isn't a good sign.

"The web form in the screenshot is not encrypted," Brewer said. "The information submitted through that form would likely not have been protected from network capture."

He noted that there could be other methods of protecting the information in place, but SSL is the most common and that is what people should look for when submitting information via web form.

In the email, Boechler states the website and its information is hosted in a secure tier-1 facility and the information stored on the servers is encrypted.

However, Brewer said the security controls described by Boechler mostly relate to Gallivan & Associates' internal handling practices and do not protect the user's information on its way to their server.

Although there was potential for information to be comprised, Boechler stated there's no known breach of student information.

Brewer said: "In this case, a scenario where the form data could be captured and used for ID theft is plausible, but not likely. Regardless, I recommend that those who submitted personal information in an unsecured form keep a close eye on their credit statements and watch for unusual activity."

He also suggested that the Students' Association request a third-party security audit of Gallivan & Associates' security controls to ensure they meet common standards for protecting confidentiality, integrity and availability of information.

Students' Association VP external, Michelle Dennis, said they are currently investigating the situation but have not yet made any decisions about how they are going to proceed.





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THE REFLECTOR

October 6, 2011

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By Jorden Dixon

Vendor bender



Illustration: Jack Simpson

EDITORIAL

Tuition jumps yet again

Feeling the squeeze?

Instead of heading to The Hub for another round, students are now forced to deal with rising tuition costs hitting an all-time high in Canada.

Full-time undergraduate tuition has increased 4.3 per cent for the 2011-12 academic year, according to a report recently released by Statistics Canada. The move follows a four per cent increase in 2010-11.

According to the report, Canadian undergraduate students pay an average of \$5,366, with the average Albertan paying \$5,662, the fourth-highest amount country-wide.

The increase outpaces the Consumer Price Index, which was 2.7 per cent from July 2010 to July 2011.

People often point to the fact Alberta's tuition prices are capped by the cost of living measure. However, it's misleading as Alberta students also pay the highest mandatory non-instructional fees at \$1,399.

Cash-strapped students may also be depressed to know books and supplies average \$1,300 yearly.

But oh what a magical life it would've been 40 years ago.

You'd be surprised by how wickedly low tuition fees were just forty years ago.

Back then, the government paid 84 per cent of a university's operating cost, with students picking up only 13.7 per cent of the bill in the form of tuition fees. That means a Mount Royal College student would have paid something around \$2,300.

Now, the government only foots 57.1 per cent with the student's portion almost tripling to 34.2 per cent.

The original number doesn't account for the cost of living raise, but the proportion of government-to-student cost is failing each student. Since we can't live in the '70s, the next best place would be Newfoundland and Labrador where their students pay \$2,649 a year thanks to a tuition freeze.

Comments? Visit thereflector.ca or in person at our office in the basement of Wyckham House.

What do you think of tuition costs?

The Reflector, with an on- and off-campus circulation of 10,000, is the independent voice of the students of Mount Royal University. It is published fortnightly during the academic year (Sept. to April).

The Reflector is editorially autonomous and financially independent for all other governing bodies at Mount Royal University.

The Reflector welcomes newsworthy submissions from all students and community members. While the right of editorial comment is reserved for editors of The Reflector, opinion pieces may be submitted as letters to the editor, and may be published on the editorial page as such. The Reflector reserves the right not to publish submissions deemed by the Publishing Editor to be offensive.

Complaints arising from the content of the paper should be directed to the Ombudsboard. This board has been established as a mediator between the Reflector Publications Society staff and its readership.

All decisions of the Ombudsboard are final and binding on both parties. Letters to the Ombudsboard must be sent in confidence, care of the Reflector Publications Society, to the Reflector Publications Society office.

Submissions and letters to the editor should be a maximum of 500 words, typed, double-spaced, and contain the writer's name and phone number. No unsigned letters will be published. Only in exceptional cases, at the discretion of the Publishing Editor, will writers' names be withheld. The Reflector reserves the right to edit submissions for brevity.

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Joe Patton,
English

"It's definitely worth paying more than the U of C because of the close proximity to professors."



Tamba Lamin,
Business

"My education costs way too much. Tuition has been steadily increasing. Social programs have not."



Joanna Flemming,
Theatre

"I personally think my money is well spent. I'm in the theatre program and we go to lots of shows and meet people who will benefit our careers."



Pauline Wyntjes,
Communications

"I don't care. My Daddy pays for it."

GUEST COLUMN

Volunteering creates opportunity

Alumnus talks about the importance of giving back

Raymond Lee
Guest Columnist

On September 22nd I had the honour of receiving the Mount

Royal University Lifetime Distinguished Achievement award, which recognizes alumni commitment to excellence in professional, community or personal endeavors.

It was indeed an honour to receive this recognition, primarily for the volunteering that I have been involved with in my community, province and country.

To be a volunteer is part of our way of life in Canada.

It gives you the confidence that you can make a contribution to our society and also leads to family and personal satisfaction.



Hon. Raymond Lee
Citizenship Judge

As a volunteer, I have served in many capacities with the city of Calgary, the province of Alberta, the government of Canada, the University of Calgary senate, as well as many community and sporting organizations.

Over the years, my volunteer work has allowed me to build bridges between the past and present, as well as projects to preserve Canadian history and to advance

recognition of the significant role that Canadians of Chinese descent have played in the history of Canada.

Opportunity can often come through volunteering.

I had the honour of serving my country in the role of a Canadian citizenship judge and over a three-year term I was able to welcome over 40,000 new Canadians to Southern Alberta.

I learned first-hand the cultural diversity that our nation enjoys.

When you volunteer you will develop both literally and figuratively.

You will set an example of commitment and dedication, but most importantly, you must have fun in what you do,

and your joy will come through your accomplishments.

Look around in your communities and see what is going on.

Seek the places where your efforts may be best suited. See where the gaps are and see where an effort may be needed to start something new or to reinvigorate a struggling organization.

Remember what Margaret Mead said: "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it is the only thing that ever has."

The Hon. Raymond Lee is a leader in the Canadian Chinese community and an MRU alumnus.



Photo: Jorden Dixon

With each vending machine meal boasting more sodium than calories, our test subject's feeding needs were left unsatisfied.

Trapped by convenience

48-hour vending machine diet challenge leaves bad taste

Todd Vaughan
The Reflector

Who doesn't love a ham sandwich?

Maybe the person who found out the sandwich in question came from a vending machine and had two times the daily intake of sodium to keep it... fresh.

The only available food on the Mount Royal University campus after 8 p.m. on weekdays is what you can find in a vending machine. So for all who've ever found themselves hunting for a meal during a late-night cram, I decided to see if I could live on what these glowing coin altars had to offer.

I lasted 48 hours.

When I decided to consult a nutritionist regarding my trek; her answer was as I expected.

"I would highly recommend against eating anything from a vending machine," said Lynn Lafave, a nutritionist at Mount Royal.

Almost immediately after starting the diet, I noticed my mood begin to deteriorate.

My distaste — no, total hatred — for vending machines began after ingesting a sweaty hoagie with enough salt to kill a sailor.

This is what I had to look forward to? Sulfate-laden treats delivered in vacuum-sealed mystery bags?

This experience continued into the evening when I was prodded on by a bison and Gouda meatloaf that my girlfriend was only too happy to enjoy in front of me.

Holding back from the smell of that steaming ground carcass made me feel like a hunter without a spear, but at least

they didn't have to worry about clogged arteries.

By the second day, eating had already become a task I loathed and feared; especially after already trying the three varieties of sandwiches the machines by the library had to offer.

If you're studying and not up-and-about, Lafave suggested it's

“I would highly recommend against eating anything from a vending machine.”

— Lynn Lafave

better to refrain from snacking than to eat from a vending machine. This is something I seriously considered when faced with continuing to consume the dreaded machine fare.

I felt like I was alone in this quest — not because I was doing it by myself, but because my peers constantly forgot I was attempting it. When I complained about being hungry, they would try to feed me. When I was standing in line with them, they'd offer me food.

At 8 p.m. on day two my girlfriend — who by now resembled something closer to a kebab than a human — said the word steak to me.

That was it.

I gladly accepted defeat in favour of the warm, perfectly marbled slab of cow in my mouth.

Calories are what most people think about when starting to

diet. Not necessarily an accurate measure of health, but a starting point nonetheless. I should be eating around 2,500 calories per day, according to my body weight of 237 pounds.

My average for the two days was significantly lower at 2,250 calories.

This caught me off guard. I

A healthy diet should include no more than 2,000 milligrams of sodium per day according to "Eat this, not that," an online dieting tool. My vending machine salt intake was nearly three times more than that.

Lafave added that continuing this level of sodium intake could eventually end in kidney failure — a fact that left me constantly nauseous and clawing for water.

"People eat for energy, but there's a difference between being energized and just eating for the sake of it," Lafave said. She added that anything you eat from home would have higher nutritional value than something from a vending machine.

I was constantly hungry for two days no matter how much I ate and my mood turned toxic more quickly than I could have ever guessed.

In university, students are often faced with making convenient choices due to the time of day. After this test, I wouldn't recommend vending machine food for happiness and fulfillment.

expected that eating sugary and salty meals would lead to a caloric overload and eventual gut explosion. Instead, I ended up being hungry and deflated from the lack of energy the diet afforded me.

The most appalling statistic in this study was my sodium intake.

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- Average cost of meal: \$11.00, totalling 70.25 over two days
- Disturbing fact: high sodium intake can ultimately end in kidney failure

FEATURING

FEATURES EDITOR:
Alyssa Smith
featureseditor@thereflector.ca

October 6, 2011

QUICK QUIPS

“Faith keeps many doubts in her pay. If I could not doubt, I should not believe.”
— Henry David Thoreau

“Old is always fifteen years from now.”
— Bill Cosby

“Only a man's character is the real criterion of worth.”
— Eleanor Roosevelt

“Drama is life with the dull bits cut out.”
— Alfred Hitchcock

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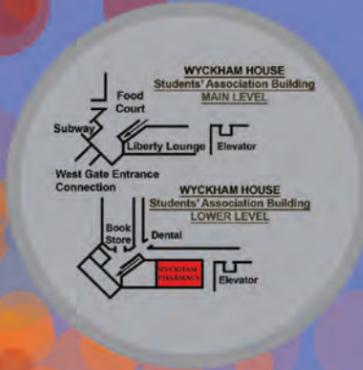
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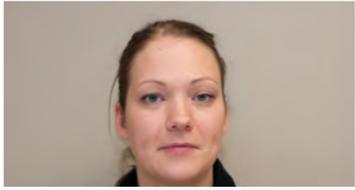
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Expletive Etiquette

A history of the Swiss Army Knife of curses



Vanessa Gillard
Sex Columnist

It was the word that some heard, some more than others, in those first formative years.

The word that, if repeated, would likely be replaced with a bar of Irish Spring to wash that filth away.

When you finally worked up the gumption to start throwing it into your regular vocab you suddenly had this false sense of maturity laced with delicious rebellion — the stuff of teenaged angst.

Some use it like they've got a trucker handle. Others whisper it under their breath like Sister Dorothy might still be listening.

Fuck is the one word that can express both rage and love, perhaps in a single statement, "Fuck me you fucker."

The various uses of the word fuck are seemingly boundless, and although it is that baddest of the bad words — so much so it earned its very own letter: the "F-word" — it seems to pervade all aspects of conversation.

Warning: the following paragraphs may offend some readers, but what did you really expect?

I realize I won't really be able to explain the anomaly that is fuck better than those luminaries like Monty Python or Lenny Bruce. So I would like to quote an excerpt from the late and great Mr. George Carlin's track, "The History and Many Uses of the Word Fuck:"

"...In English, fuck falls into many grammatical categories.

As a transitive verb, for instance.

John fuck-ed Shirley.

As an intransitive verb, Shirley fucks.

It's meaning's not always sexual;

it can be used as an adjective, such as

John's doing all the fuck-ing work.

As part of an adverb,

Shirley talks too fuck-ing much.

As an adverb enhancing an adjective,

Shirley is fuck-ing beautiful. As a noun, I don't give a fuck.

As part of a word abso-fucking-lutely, or in-fucking-credible.

And, as almost every word in the sentence, fuck the fucking fuck-ers..."

The word itself is Germanic in origin, being derived from "friecken," which means, "to strike." This of course solves the mystery of Britney Spears' first hit, "[Hit me] ...Baby One More Time." One of the misnomers that is often associated with everyone's favourite curse is that it's an acronym originating in the Middle Ages.

The story goes that once upon a time during the Black Death townships were attempting to control the population and thereby the spread of the infection.

Non-contaminated areas were few and far between and this prompted a decree to go out over the land that couples wishing to make babies had first to obtain royal permission, usually from the lord whom they toiled for.

Well, as if that wasn't humiliating enough, when the lucky couple got their permission they would then head home to see how many ways they could do it in the missionary position, but first they would post a sign in their window that said,

"fornication under consent of the king," or F.U.C.K.

I would imagine all those who were sick and forbidden to get medieval on each other's asses must have thought, "Well, fuck them."

The first printed appearance of the word was in a Scottish poem in 1503 — leave it to the people who affectionately say to each other "he's a good cunt" to throw the F-word into a poem of all things.

In Britain they use chuffing as a euphemism for the word, "She's bloody hot, too bad her mum is chuffing mad." This is probably comparable to the North American variations, "Barry is effing bonkers when he eats red candy," or "I gotta take her to the friggen Bridal Fair."

Hunter S. Thompson coined yet another incarnation of the carnal word in his 1956 novel, *Proud Highway*, "The filthy whore in the laundry said we can go out to the 'campo' (country) and fuckee-fuckee."

T. E. Lawrence, who brought you the respected classic Lawrence of Arabia, wrote this little ditty, "Look at me, look me in the face, you short-arsed little fuck-pig," he is yelling again," in his 1955 novel, *Mint*.

Nicholas Baker's 1994 novel *The Fermata* features the lovely line which exemplifies another F-word, "Fill my fucking fanny!" Sylvie shouted, looking in Marian's eyes and then down at her toy-filled fuckholes."

There is also something to be said for frequency and pitch.

I use the F-bomb fairly frequently and it has occurred that I may be abusing

the power of fuck. This is especially apparent, a fellow editor points out, when you are stuck in a bathroom with someone who uses the word twice in every sentence and whose pitch increases slightly with every use. "And, I was like fuck, it's so fucking fucked up!"

I will leave you with one last mental image that will hopefully encourage everyone to harness the power of fuck and use it responsibly.

In running some errands recently I came upon a man crossing the street with an older lady whose presence later confused me, his mum? His balding head was crowned with a greasy

mullet, often called "the skullet," and he was sporting army fatigues with a stained white T-shirt exposed. The Hitler-type-moustache that he sported distracted me at first from the potty-mouth parade of various f-words that spewed from his angry, distorted face.

I suddenly realized that the use of the F-word is a privilege that we earn as we grow older and if our mothers allow us to use it indiscriminately we could end up taking fashion tips from Hitler being generally repellent to everyone, but our mothers.



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FAITH MATTERS

If these walls could talk

Cathedrals offer a sense of history



James Wilt
Faith Columnist

Cathedrals don't hold the best reputation in the post-modern church movement.

House-church goers and hipster Christians often claim that the ancient buildings represent the worst parts of the faith: staleness, arrogance and a dualistic lack of concern for the world.

In such circles, it's generally assumed that stained glass windows and wooden pews are more-or-less destined for destruction. After all, Christ himself said that "not one stone here will be left on another" when his disciples were openly admiring the temple (Matthew 24:2).

I don't necessarily disagree with the charges that post-modernists (also known as the "emerging church") bring to the table.

For a couple of years, I was that hipster demanding that cathedrals be dismantled and its materials sold to raise money for the poor. Pubs and basements quickly became my utopian venue for a church. In those situations, the division between the sacred and secular was nullified.

And then I attended an actual service in a cathedral.

I'm not exactly sure why I finally decided to check out Knox United Church. Part of it, I suspect, was due to the denomination's inclusion of the

LGBTQ community, its focus on inner-city justice and openness to hosting music events such as Sled Island. Another influence was that my home church just moved into a building in a north-east industrial park, which makes it tough for me as a transit rider to justify attending.

Regardless, the experience was wonderful. As the congregation sung hymns, shared communion and prayed together, I couldn't help but glance around the massive cathedral and wonder if I'd been wrong the whole way along my Christian journey.



another service at the church, I'm confident that my understanding of the cathedral's purpose – and dare I say usefulness – has certainly changed.

James Howard Kunstler – an American urban critic – authored a book called *Home From Nowhere* in the late '90s in which he discussed the concept of "chronological connectivity." Essentially, he argued that the

suburban model of urban design that had been followed for the past 50 years had deprived users of any connection to past generations. But before 1945, architects and planners prided themselves on constructing buildings and cities that would last and further the identity of the city.

This may not seem relevant to cathedrals and Christianity, but bear with me. In his book, Kunstler proceeded to contend that a lack of chronological connectivity in our society is not only depressing, but also damaging to our souls. He wrote that pursuing chronological connectivity "puts us in touch with the ages and with the eternities, suggesting that we are part of a larger and more significant organism." Ultimately, he was saying that we should build to last because it reminds us that others have gone before us.

Being reminded of this argument is hugely helpful to my own spirituality. Often times, as mentioned in my first column for *The Reflector*, I become convinced that my reliance on religion is evidence that I'm going insane. But when I enter a cathedral like Knox United, I realize that I'm not on this journey alone. I am connected to the thousands of people that have walked before me since 1912 (when Knox was built), and have wrestled with the same things I have.

I'm sure that the emerging church has found some argument to cripple my own. But for now, I'm satisfied with the knowledge that the physical construct of the cathedral keeps me accountable to reality and humble in light of history.

FOREIGN REPORT



Photo courtesy of Lindsay Douglas

From Albuquerque with love

Lindsay Douglas
The Reflector

I'm spending four months of my life attending the University of New Mexico in Albuquerque. I realize — with Canada being attached to the United States — it seems a little less exciting than going to Europe, Thailand or somewhere more exotic.

Albuquerque is known for its love of green chillies, being the filming location of the supremely excellent show *Breaking Bad* and having one of the worst university football teams in the country (which really makes me feel at home — it's almost like being at an utterly disappointing Flames game).

So, here I am, suddenly a minor again, cuddling up to the Mexican border. I'm probably more out of my element than I've ever been, and you know what? It's a pretty cool feeling.

There are, however, a few things about International Exchange I've had to come to terms with:

1. Prepare to miss your car every time someone makes a scene on the bus.

- In my case, an aggravated middle-aged man took his shirt off to show a scar he got from being stabbed. Despite everyone's best efforts, it was hard to ignore. The bus driver pulled over and waited for the cops to force the man off the bus and arrest him.

- I longed for my little Pontiac G5.

- If you're a young female in

a country with a high Spanish population, get ready to be whistled at. A lot. Every day. Every single day.

3. Don't be fooled into thinking this is a vacation.

If you're single, be cautious with the getaway mind-set. You may see the same people for three and a half months. Do you ever really want to see your vacation hook-ups again? Didn't think so.

This same vacation-frame-of-mind still applies to those attached to a significant other. Just because you aren't hooking up, it doesn't mean you won't drunkenly do things that will make it hard to look people in the eye for the rest of the semester.

4. While waiting to find a place, don't be surprised when the cheapest hotel turns out to be pretty shady.

I did meet some people who were going door-to-door giving out bagged lunches that had "God Loves You!" scrawled across them. Most hotel residents were apparently too strung out to remember to eat.

Really though, who can complain about a free lunch?

5. Cheap rent comes with a price.

If the rent is dirt-cheap there's a good chance you're moving into a pretty ghetto, crime-infested neighbourhood. A man was shot 17 times and died across the street from my house about a month before I moved in.

But man, I'm saving a lot of money on rent.

Just don't tell my mom.

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'Gonna see my picture on the cover

Canadians are few and far between on Rolling Stone's front pages

Sean-Paul Boynton
The Reflector

For over 40 years, the cover of *Rolling Stone* magazine has been the epitome of American musical and cultural success.

So when Saskatoon's The Sheepdogs beat out 15 American groups in the "Choose Your Cover" contest this past August and landed on the front page of the popular publication (the first unsigned at the time) band to do so - it was a big deal.

After all, Canada has had a rather cold relationship with *Rolling Stone* since its launch in 1967, at least if you look at the number of times celebs from our homeland have been deemed worthy for a cover.

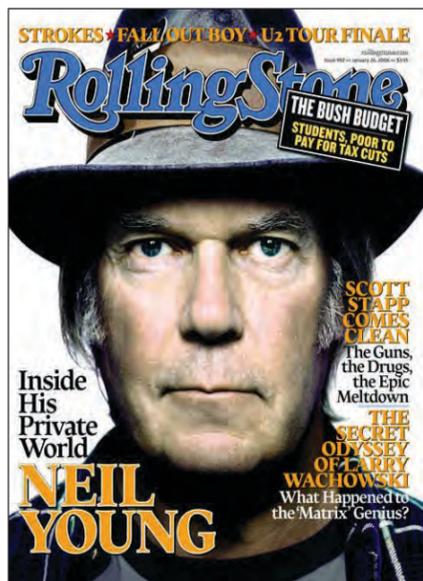
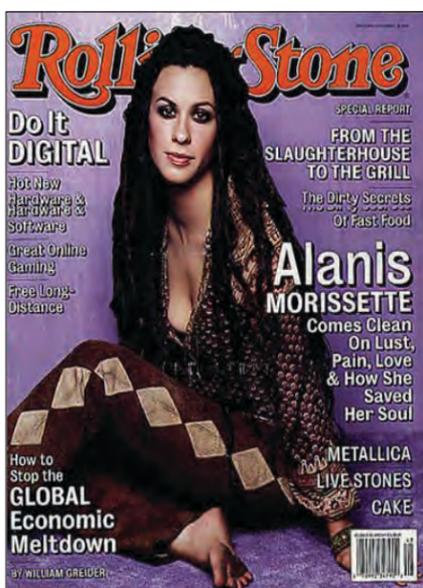
All told, Canadians — both musicians and actors — have appeared on the cover in one form or another 46 times.

Considering *Rolling Stone* just put out its 1,141st issue this week, that accounts for a paltry four per cent of all *Rolling Stone* covers that feature a little Canuck flavour. And upon closer examination, it becomes clear that the majority of our own who have grabbed that brass ring have only been able to do so by either disguising the influence of their homeland in their music, or by accompanying the rest of their (mostly American) movie or TV show casts onto the front page.

Our national debut on the cover of *Rolling Stone* was slightly shorthanded, yet still holds significance: when The Band — who were four-fifths Canadian — graced the cover of RS #16 in 1968, we couldn't even see their faces. Not only that, but you wouldn't be able to tell where they came from anyways. The Band was responsible for the Great Americana Boom of the late '60s that almost made Eric Clapton quit the blues, and also backed one of *Rolling Stone's* mainstays, Bob Dylan, during his tumultuous electric tour in '66.

From there, we were forced to rely on only two Canucks to represent us during the rest of the '60s and throughout the 1970s: Joni Mitchell, who made appearances in 1969 and 1979 before re-emerging in retrospective issues in 1999 and 2005; and Neil Young, who stands as the most featured Canadian on *Rolling Stone*, appearing first with Crosby, Stills and Nash in 1974 and then in illustrated form for 1975 and 1979 covers, before finally appearing in human form for covers in 1988, 1993 and 2006. In the 1970s, one other Canadian was able to grace the front page: Dan Ackroyd, along with John Belushi, posing as The Blues Brothers in early 1979.

In the 1980s, Canadians were extremely infrequent, with only Michael J. Fox, who with two covers was at the height of his fame thanks to the *Back to the Future* film franchise. Sebastian Bach of Skid Row contributed new Canadiana, as Young got his aforementioned shot in '88 and Ackroyd returned in '89, this time with his fellow *Ghostbusters* castmates. Bryan Adams found himself on a cover, but only in a collage celebrating the artists of *Live Aid*, and his photo was in the bottom right corner (if you read the cover left to right, line by line, Adams was the



footnote).

For the 1990s and 2000s, Canadian actors found themselves increasingly in the Ackroyd role: being the sole Canuck in an American movie or television series cast. There was Jason Priestley of *Beverly Hills 90210* (1992); Mike Myers of *Wayne's World* (1992, although he'd have a solo shot as Austin Powers in 1997); Matthew Perry of *Friends* (1995); Cory Monteith of *Glee* (2010); and Anna Paquin of *True Blood* (2010). Solo shots were afforded to Jim Carrey in 1995, Pamela Anderson in 1996, Neve Campbell in 1997, Keanu Reeves as well as Tom Green in 2000, and Evangeline Lilly in 2005. Martin Short was granted a part of a foldout cover profiling comedians, yet his part was tucked pretty deep in there. No respect.

On the music side, Alanis Morissette dominated the 1990s with two covers and two more inclusions in retrospective collages, returning (on the back half) for a foldout "Women of Rock" cover in 2002. Shania Twain got one cover each for the '90s and '00s, and even Sarah McLachlan got face time with the *Rolling Stone* cameras in 1997. Rufus Wainwright got on there in the 2000s, but only as part of a "Children of Rock" group shot that featured the spawn of Keith Richards and John Lennon, among others; plus, he was delegated to the back half of the foldout (what is it with that?). And our most recent Canadian to grace the cover of *Rolling Stone* was, of course, Justin Bieber just this past March.

While we can bemoan the lack of Canadian artists on the *Rolling Stone* cover today. Really, you couldn't give Arcade Fire a shot (even when they won that Grammy?), we can still hold our heads high as contributors to American popular culture, no matter how slight. The proof lies in the mammoth 3D collage cover for *Rolling Stone's* 1000th issue, released in 2006, which featured a total of five Canadians in amongst the gargantuan crowd of icons: Robbie Robertson of The Band, Pamela Anderson, Mike Myers (as Wayne Campbell), Joni Mitchell and Neil Young. That may not be a lot, but it sure is something to be proud of.

ARTISTS

ARTS EDITOR:
Vanessa Gillard
artseditor@TheReflector.ca

October 6, 2011

HOT SPOTS

Some of the greatest artists of all time were soldiers — Hemmingway and Eastwood to name a couple. Scott Waters is one of 22 artists in *Diabolique*, a collection of portraits currently exhibited in The Founders' Gallery at The Military Museums. He will be lecturing on his three pieces within the museums' collection on Oct. 13.

Do you like scary stuff? Like haunted houses with circus and apocalypse themes, freak shows and live bands? Check out *Scream Fest* Oct. 7 to 31.

Did you wait 'til the last moment to find a costume last year and end up sitting at home and eating mini-chocolate-bars and watching horror movies? Me too. Here's your chance to get on the ball. "A Vintage Affair" showcases vintage fashion, collectibles and Halloween costumes — '50s and '60s inspired garb and even '80s-style party dresses.

Rolling Stone

RE: STYLE

Reflector welcomes self-stylist

New fashion columnist prizes distinct and practical concepts



Claire Miglionico
Fashion Columnist

Hello, I'm Claire. I'm 22 and from this issue on I will be your resident fashion columnist once monthly fifth-year journalism student here at MRU.

Over my five years at MRU, I have noticed our student body is quite fashion-savvy. I have come across male students in

full linen suits (who are not aviation students might I add), and female students in straight-off-the-runway-type outfits.

I like to think I dress well, but I also know there are days where little effort is put into my outfits. Although I am a fashion enthusiast, I don't take fashion

too seriously and will rarely be caught in something that looks uncomfortable.

Like most students, I have little spending money and therefore I try to think of unique ways I can combine the clothes I already own into distinct outfits.

I am a firm believer in personal style. My philosophy is to stick to what you like, wear clothes that are comfortable and will not break the bank. Choose what works for you and make it your own.

I love quirky personalities like Zooey Deschanel's and appreciate her unique sense of style best. I have a thing for the "boy look" — the bow-tie, the suspenders, the blazer, the Oxfords — that singer Janelle Monae or actress Diane Kruger pull off and dig independent artists like Toro Y Moi.

On the side, I am an editor at Calgary Fashion, a local fashion blog created by Kim Jev, an MRU journalism graduate. I write stories, take photos and update our Tumblr on top of updating our main website. A highlight of mine was sitting front row at Parkluxe, a fashion show organized by the non-profit organization PARK that showcased four local designers.

In mid-October, Calgary Fashion will be heading to Toronto for LG Fashion Week — a high-caliber fashion event

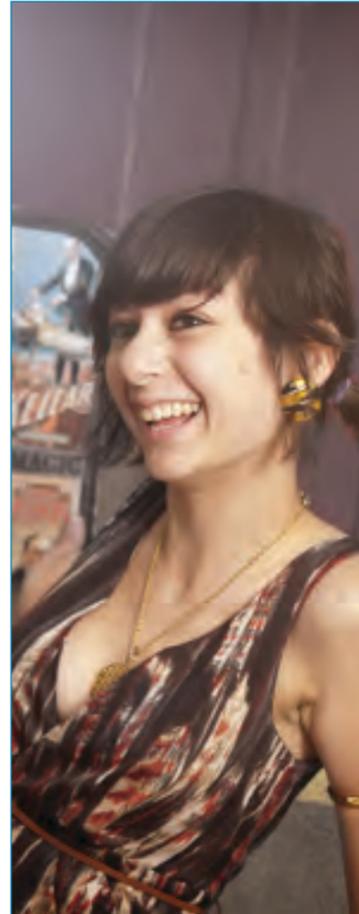


Photo: Ed Osborne

I will dedicate my next column to. In future columns, I'd like to explore the comeback in men's fashion and touch upon the historic beginnings and ends of certain articles of clothing while keeping a personal perspective on fashion and making the column student-friendly. Until next time...

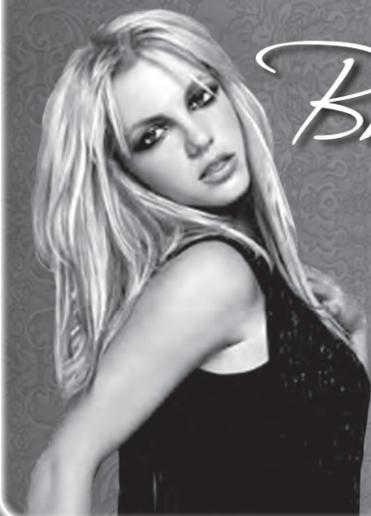
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Noise 101

M-R-mUSIC



Photo courtesy of After The Sun

After The Sun consists of three MRU theatre students who have taken their ideas to the people.

After The Sun unite to rise

MRU musicians demonstrate their chops at Kensington coffee house

Nathan Ross
The Reflector

Summer 2011 has been a delight for music lovers of all types in Calgary.

As per usual, there seemed to be a new festival each weekend. Many big-named artists decided to grace YYC with their presence.

After events like the Calgary Folk Music Festival and concerts like Katy Perry, the time has come for a calming transition period into the colder months coming ahead.

After The Sun did that and more at The House Coffee Sanctuary on September 17.

Consisting of second-year students Steven Levy, Steven Evanik, and David Dudar, After The Sun is just starting to grow.

The three met last year in theatre classes at Mount Royal University, a program brim-

ming with musicians.

"We really are lucky to have so many singers and guitarists in class," explained Evanik. "From there we narrowed it down from everyone to the three of us."

They seemed to be quite at home playing in an intimate setting, filling the space with music that spilled onto the street.

It was a fun night, with original songs sandwiching covers from artists like Adele and the aforementioned Perry.

All three members bring an individuality to the table, each playing guitar and singing, (with the occasional Djembe drum used.)

Make no mistake though, the band's strongest point is when all three are singing together, with each voice complimenting each other in the way that harmonies should.

Dudar said finding that

harmony can be a struggle, but the payoff is worth it. He pointed to the fact that three very distinct singing styles give them an edge.

The three have high aspirations after the coming school year is finished.

The plan is to move to Vancouver, where music would become as big a part of their lives as theatre.

However, in the meantime, make sure you don't miss After The Sun in their rise into Calgary's local scene.

THE REFLECTOR

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THE REFLECTOR

Sound Off



Raleigh
New Times in Black and White
Independent

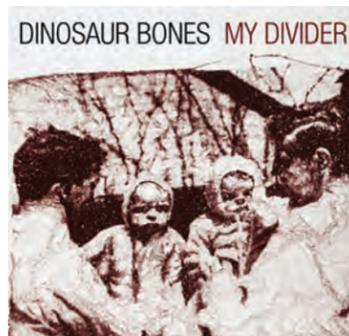
Local Calgary band Raleigh released their full-length debut album *New Times in Black and White* this past spring. The trio have all been (or currently still are) members of other local bands, but together this threesome weaves a folksy combination of alternative and progressive rock.

Cellist Clea Anais' vocals

have an edge while bringing their sound upwards and around guitarist Brock Geiger's soft, but pleasantly beautiful voice. Grounding it all is Matthew Doherty's percussion arrangements, giving it a necessary weight. The beginning track "Tunnel Vision Gently" introduces you to their music. At nearly seven minutes long you become comfortable with their sound. But rather than lulling you into a comfort zone, the second track, "Balloon Boy," picks you up for a fun ride. The album continues to please the ears with layers of music and thoughtful lyrics.

The tracks are long, but easy to get lost in. The only disappointment is when the album ends and your journey is over.

—Selina Renfrow



Dinosaur Bones
My Divider
Dine Alone Records

Dinosaur Bones has been known in the Toronto music scene for some time now, but hasn't made the same impact nationally as many of the bands they toured with. That all changed when they released

My Divider earlier this year. For their first album, the group has an incredibly mature sound around them.

At first, nothing seems to stand out about the album. However, after a couple listens, those lyrics and guitar riffs that didn't seem all that noticeable are running through your head and you don't want to get them out. Songs such as "N.Y.E." make a great single, but tracks like "Bombs In The Night" and "Royalty" prove why the hype surrounding this band is completely deserved. Keep your eyes out for Dinosaur Bones as they continue to turn up all over North America.

—Nathan Ross



Gorillaz
The Fall
EMI

The Fall is a far cry from Gorillaz 2001 self-titled debut, which was an electro-infused poppy jaunt through a re-imagining of hip-hop as a virtual band. It was a concept album revolving around the band's tour through the United States, and this may explain the seeming disconnect between tracks.

There really is no flow from

one to the next.

The first track, "Phoner to Arizona," is a bit of an ambient parade anthem. It builds with lo-fi bass and tinny pings and other abstract sounds around a beat that never happens. As an experimental piece, it is interesting, but leaves you wanting more. "Detroit" promises some of those catchy ninja beats they usually turn out, but ultimately the track lacks an organic element that was present in past albums like *Plastic Beach*. I just didn't realize it was there until it wasn't anymore.

Overall it seems this album is best filed in a remix album slot in their discography.

—Vanessa Gillard

More to David than just the man leading MRU

New president a major fan of America's past-time



Bryce Forbes
Sports Editor

David Docherty is a baseball fanatic — plain and simple.

The importance baseball plays in his life was evident on Sept. 22, his 50th birthday.

At the Mount Royal University Legacy Awards Dinner that night, he was given a painting of the historic Wrigley Field, home of the Chicago Cubs.

"I was shocked to say the least, but quite touched," he said. "Wrigley can hang in my living room anytime and it is now."

Two weeks earlier, he mentioned his love of the Cubs many times and talked about one of his favourite stadiums.

"Wrigley with Angus (his son) was probably the best," he said. "That was just a fun game. Monday night against one of the worst teams in baseball, the Pittsburgh Pirates and they had 34,000 people out there."

At the beginning of the semester, I heard Docherty was a hardcore baseball fanatic and asked to discuss it with him.

His secretary gave me 15 minutes to talk baseball, he yacked my ear off for almost 40.

Walking into his third-floor office, he pointed to five baseballs encased on a shelf.

I ask which was his favourite? The first was a "screaming foul ball" he snagged off the bat of former Toronto Blue Jay Frank Catalanotto at the Rogers Centre.

The second was his first mention of an ongoing theme throughout the talk — his family.

It was autographed by then-Tampa Bay Devil Ray speedster Joey Gathright at Jacobs Field in Cleveland.

"The day Angus and I arrived in Calgary, we went to see the (Calgary) Vipers play and they were playing Yuma," he said. "Jose Canseco was the player manager of Yuma and everyone was out to see him. Angus and I had no idea.

"They announced 'next up to bat, Joey Gathright,'" he said, in his best baseball announcer voice.

He and Angus talked to Joey after the game, and told him about the original autographed ball.

"I said, 'it was great to see you play again.' We had a great conversation with him for about five minutes after the game."

A family game

Angus — it was a name that came up often.

It's his 16-year-old, his oldest son, the family's biggest baseball fan.

"He's the one who will BlackBerry me '(Mark) Teahan got traded to the Jays, he's batting for the Jays on Sunday.'

"He's that kind of ball fan."

Docherty spoke proudly of the trips he and his son take every year, trying to take in a new stadium and two or three minor league games every time.

"Angus drove out with me to Calgary over the summer," he said. "We spent a couple of days in Chicago watching the White Sox play since the Cubs weren't in town. Saw Minnesota play at the new Target Field, gorgeous new field and we watched the Billings Mustangs and the Vipers play."

Don't worry, he also does similar trips with his younger son Quinn, including a basketball game at Bucknell University every year.

"Those trips are pretty special to me.

"When you drive with your son for a number of hours to watch different ball games and talk about anything you want to talk about, that's pretty neat."

He joked his fiancée Kris, who has a daughter, doesn't allow him wear his favourite baseball hat, courtesy of the Toledo Mudhens.

"She's like, 'that's ugly and stained.' Just like I have one from the (University of North Carolina) at Charlotte baseball team. It's all sun-dried and sweaty and she's like 'you can't wear that.'

"And I'm like 'these are two of my favourite hats.'"

Baseball in his blood

Growing up in Southern Ontario, Docherty spent three important formative years in

Chatham.

The agricultural town had two ties to baseball — a short drive to Detroit for the Tigers and home to the simply the greatest Canadian pitcher ever, Ferguson Jenkins.

"It was very hard not be a baseball fan," he said. "Baseball was Chatham's sport back then."

He fondly remembered the Detroit Tigers, listing off some of the major players like Al Kaline, briefly stopping to mention he's the second greatest Tiger's player next to the great Ty Cobb, "but Kaline was a way nicer guy." Mickey Lolich. Jim Northrup. Willie Horton. Denny McLain.

"Next year he (McLain) was caught throwing games, ended up doing time in jail, just awful."

Baseball was one sport that wasn't passed down to Docherty from his father, like he has done with his kids.

"My parents were Scottish and didn't understand hockey, so hockey wasn't big in our household," Docherty explained. "I played it as a kid but it wasn't first and foremost." He paused.

"But they didn't understand baseball either" he said with a deep laugh.

But once the Jays formed, he had a new found favorite team.

Docherty was living in Toronto when the Blue Jays won back-to-back World Series, and was downtown when Joe Carter launched the walk-off home run to beat the Philadelphia Phillies in 1993.

"I wished I was at that game, but I wasn't," he said. "Being downtown, that was pretty darn cool.

"It was crazy, just insane.

"It was the complete opposite of Vancouver for the Stanley Cup. People were just happy, they were just celebrating.

"I happened to be downtown when

Canada won the gold medal with the Sidney Crosby goal, that was pretty neat, but that was nothing to Toronto when Carter won the game."

Baseball is a sport that has continued to grow into his career as a professor, which started in 1994 at Wilfred Laurier University, before eventually making it to Mount Royal this year.

"Baseball is a numbers game and in my professional life, I teach statistics, so why wouldn't I be attracted to baseball?"

"ERA, WHIPS, RBI, all that matters," he said. "Left-handed versus right-handed, when to steal, all of that matters.

"You can't teach statistics or probability theory without having an appreciation for baseball."

But for him, nothing beats a Sunday afternoon at a ballpark.

"I love nothing more than a sunny Sunday afternoon to go to the ball park and it doesn't have to major league. In fact I much prefer minor league and sit and watch and have some peanuts and a cold beer and just chat.

"When I'm with my boys, you chat about life, you just chat about whatever comes to mind.

"And that's part of what I love about it."

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October 6, 2011

BY THE NUMBERS

1,519:

average attendance at Foothills Stadium for the Calgary Vipers this season. The low figure and a number of other factors have led the Vipers to likely never come back.

32: games

played by an 18-year-old Alex Rodriguez with the Calgary Cannons back in 1994. He now plays for the New York Yankees and has made \$264,416,252 since then.

12: straight

games in a row won by the Detroit Lions if you take into account the last four games of last season, preseason and so far this year. This is the team that went 0-16 just three years ago.



Photo: Mike Ridewood



Cougars Connection



PREYING ON WINS



Photo: Brian Melnyk

Coach Joe Enevoldson said this year's team has the most depth he's seen in his four years with the Cougars.

WOMEN'S HOCKEY

Ready for revenge

Kelsey Hipkin
The Reflector

The goal is simple.

In their last season playing Alberta Colleges Athletic Conference hockey before Mount Royal University makes the switch to Canada West play, the Cougars women's hockey team looks to go all the way.

"Every year we head into (the season) with the mindset of winning a championship and with this being our last year in the ACAC, it would be pretty special to go out on top," said head coach Scott Rivet.

In a stunner last season, the Cougars lost only one regular season game, but were swept by the SAIT Trojans 4-2, 5-2 and 4-0 to lose out on the bid for their fifth ACAC Championship.

This season, the Cougars will be looking to dominate their opponents once again with 10 returning players and 14 new faces.

"We were able to identify some of our needs for the year and we were able to go out and fill those spots," Rivet said.

"Everyone brings something a little different but all extremely important to the success of our team," he explained. "It's going to take some time and patience, but we like the mix this season."

Included in the mix of new players, are three teammate

forwards from the Midget Triple-A Saskatoon Stars: Kacy Smith, Ellen Lind and Jade Osadchuk.

Smith had 20 points in 28 games last season while Smith had 19 and Osadchuk had 16 points in 27 games.

The trio should be great for the team offensively, but Rivet explained it's the back end that will help determine the Cougars women's team success.

"Any coach will tell you (a team) needs to be strong defensively," he said. "If we are strong without the puck, I think it will allow us to spend more time on the attack."

As far as competition this season, Rivet said things are pretty even in the ACAC, so it's hard to nail down a major rivalry.

"On any given night, anyone has a chance to win, so it really pushes you to be at your best every night," he said. "SAIT enters the season as defending champs, so I would have to say they probably are the team to beat headed into the year."

The Cougars have a busy pre-season facing varsity squads including the University of Saskatchewan, University of Lethbridge and the University of Alberta before they face off against the Trojans for their season and home opener Oct. 14 at Flames Community Arenas.

Women's b-ball team one down heading into season

Injuries and dropouts aren't a disadvantage, says coach

Bryce Forbes
Sports Editor

Heading into the season with only 11 players on their roster, the women's basketball team might seem to be starting the season with a disadvantage.

It's an easy case to make when facing teams with anywhere between 12 and 14 players on their bench.

However, head coach Joe Enevoldson doesn't see it that way.

"It's funny, we say it all the time — we are the deepest, but also the shallowest," said the Cougars coach.

The way he sees it, he's got the depth to make it work.

"I can play 11 pretty comfortably," he said. "We are quite comfortable going into the season."

It wasn't the way Enevoldson saw the season unfolding this early, but his

hand was forced with two players skipping school and another, last season's starting shooting guard Nikki Golding, tearing her ACL over the summer.

"Really, we were at 13, 14 players even as late as July, but one thing after another things happened over the course of the summer, so now we are happy with that number," he said.

The coach could have picked up new players, but it would have been harder to find proper minutes to distribute around the bench, he said.

But Enevoldson admits he's always one injury away from being quite shorthanded, something he's worried about with a full roster, as well.

"As of right now, we have a couple of different options we can go," he said. "We like our 11 and we will see what happens."

Of the 11 players trying to improve on last season's bronze-medal finish, only one player is a true freshman, Jessica Comfort. (The other freshman, India Ashboth, is 21-years-old.)

The team has come together nicely, with team members preaching the hard work they had over the course of the summer.

"They worked extremely hard," Enevoldson said. "Our assistant coach was pretty hands on with them over the summer."

"We trained super hard, went

at least five days a week," said fourth-year point guard Emily Larson. "Everyone is really looking forward to the season. Everyone has been working hard all summer, all preseason, we are ready to get after it."

In his fourth season, Enevoldson said the back end has shown a lot of promise.

"Our guard play is very good this year, probably our best since I've been here just in terms of overall skill set, toughness, desire, all of the things we need," he said.

"We have four, five or six guards that can really handle and play real aggressive on the ball."

On the front end, the team will be forced to deal with the loss of all-conference post player Jamie Morck who graduated after last season.

"We've got post players that really learned from her over the course of the year," said Enevoldson. "We are definitely the deepest team since I've been here."

Still, like most teams, they are starting the season with a championship on their mind.

"I think it's a good added pressure," said Larson. "You want to go out on top, you want to go out with a bang and so I think it's just something to motivate us even more."

"Give it our all and hope for the best."

The Cougars start their season on Oct. 22 with a matchup against Medicine Hat College.

Taking it in stride



Photo: Jordan Dixon

Fifth-year midfielder Brent Anderson takes a flying knee from a Red Deer College player. The Cougars ended up winning the game 3-0 and currently sit second in the south division with a 4-3 record.

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COUGARS MOVE TO



Recruitment a long trip ahead for Cougars

Bryce Forbes
Sports Editor

The belief is simple — with the move to Canada West upcoming, the Mount Royal University Cougars will be able to recruit the best and the brightest student athletes from across the country.

It's not a shot at current players, but the Cougars will now need the best of the best to compete at the highest stage.

They will be in tough competition fighting over the same athletes as the University of Calgary and University of Alberta's of the world.

Karla Karch, Cougars' athletic director, explained when the school was still a college, the athletics department couldn't compete with Alberta's other three universities for players because they just didn't have the same strengths to offer.

Instead, Karch said they had to go for the next tier of players.

"There are only so many spots you can fill with the top athletes," Karch said. "It's the next level, it's the next group that might not even get recruited at a U of A or a U of C and so we were typically in the next kind of group."

They'll now be challenging the big three for recruits.

"We will be able to look at this top recruit and say we can offer degrees, so you can get a great academic experience and now we are playing at the highest level athletically," Karch said.

For men's hockey, it likely means finding players who recently graduated from the Western Hockey League and are trying to earn their college degrees while still receiving benefits from the WHL. (Every year of WHL services equals one year of a scholarship).

When it comes to women's basketball, it means finding more size to compete in the paint.

"The ACAC is a very guard-orientated league," said head coach Joe Enevoldson.

He said, in theory, a centre in the ACAC will now be placed in the power forward position. It's similar circumstance all the way down the roster.

"We are recruiting bigger student athletes," Enevoldson said.

"It's kinda a catch-22," he added. "It should be easier to recruit, but the athletes who can play at that level are fewer and further between."

One of the things that will be common for most teams will be a wider recruiting spectrum. Instead of focusing on players in the Calgary and southern Alberta areas for the most part, coaches might start looking across western Canada for talent as well as the northwestern United States and eastern Canada.

"I've tried to stay as local as possible with our program,

but now — needing the depth of talent we are going to need — we are going to broaden our recruiting area and look at Western Canada and the States a bit and even into Eastern Canada," said Marc Dobell, men's basketball head coach.

"See what we can find to help strengthen our program."

But Dobell said he believes it will be a gradual change until the team starts showing an extended run of success.

Right now, he said he actively recruits CIS-level talent, getting the odd top notch recruit once in a while, but losing out more often than not.

"We will do the same thing as right now until we have success," he said. "We will continue to recruit the same players and once in a while we will get them."

"Once we start showing some success, we will get some more of those (CIS level) guys, but in the meantime we have to

develop the guys we do get.

"As I said, show some success, show some movement in the right direction and that will entice some others players to come to Mount Royal."

With four new freshman straight from high school, the team may be finding CIS-level talent.

"The guys who are recruited right out of high school are recruited with the expectation that they will be with us at the CIS," he said.

Either way, it's not going to be something that changes overnight. It might be a while before Mount Royal shows the success they've previously had with the ACAC.

"It's going to be challenge, no question, but it's an exciting challenge," Dobell said.

Check back next issue for part three where we look at how MRU fared against CIS competition in the exhibition schedule.

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