

# the reflector

FREE  
September 7, 2017  
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**Mount Royal alumni  
selected to show film  
at ImagineNATIVE  
(Pg. 3)**

**Save money this back  
to school season and  
stick with it the entire  
semester  
(Pg. 4-5)**

**New Cougars logo  
builds pride at MRU  
(Pg. 10)**

# news



**Dan Khavkin**

Sports Editor

The name is Khavkin, Dan Khavkin. I am a second year journalism student here at Mount Royal and am looking forward to being the new Sports Editor for The Reflector after being a staff writer all throughout first year. I have a true passion for sports and aspire to be a sports writer for the rest of my life. My heroes include Michael Jordan, Kobe Bryant, and Harvey Spectre among many others. When I'm not analyzing sports in my free time, I enjoy playing them outside of school and staying fit at the MRU gym. I enjoy keeping up with current events and binge watching Netflix shows in my free time.



**Robyn Welsh**

Layout Editor

Hi, I'm Robyn Welsh, but most people call me Bean. This will be my third year in journalism at MRU writing and editing for The Reflector. Being born and raised in Calgary, travelling has given me a window into culture and humanity that has kept me longing to get out of the city to explore. A few of my favorite things are grandpa sweaters, stationary, and creative writing. As a passionate feminist, I constantly question double-standards and hope to bring that fire to the Reflector. I love art, rainy days, and all things plant related. I'm super excited to be the new Layout Editor for The Reflector.



**Anna Junker**

News Editor

Hey! My name's Anna but over the span of the past four months during my internship at the Calgary Herald and Calgary Sun I have been referred to as a "lazy reporter" and a "Fake News Clown." This semester, I'm taking over the role as president of MRU's Journalism Society, promoting tips and tricks for journalists, best practices and create an opportunity to learn from each other and industry professionals. I'm interested in human rights and politics at home and abroad. I also have a Twitter addiction. I'm in my fourth year of journalism and I somehow survived three years of university without my driver's license.



**Kennedy Enns**

Publishing Editor

Hi there, I'm Kennedy Enns and I'm so excited to be your Publishing Editor this year. I'm a third year journalism student and have been writing for the Reflector since the first issue of my first year in this program. In my spare time I can be found with a camera in my hand shooting local shows around the city, picking up new books to add to an ever-growing stack or writing about music as BeatRoute's feminist arts editor. I also love Carly Rae Jepsen and Sleater-Kinney. If you ever need to find me this school year, chances are I'll be in the basement of Wyckham House editing this paper.



**Colin Macgillivray**

Arts Editor

I'm Colin Macgillivray and I am incredibly excited to be the new Arts Editor for The Reflector this year. For the past two years at Mount Royal University, I have been almost exclusively writing about local authors, filmmakers and chefs and the art that they create in their daily lives. I'm incredibly passionate about film and literature, and I'm hoping that there are countless contributors out there who would love to share their thoughts and ideas regarding their favourite art form. In my spare time, I primarily sit in my basement and watch movies, pet my dog, or try and learn how to read. I am also a huge fan of the mysterious and the macabre and love a good spook from time to time.



**Andi Endruhn**

Photo Editor

I'm Andi Endruhn and I'm a third year journalism student and skilled procrastinator. Due to living in Calgary, I've had a long term love affair with the mountains since childhood and I can be routinely found in no cell-service zones, or finding my way back to them. When in the city, I can often be found amidst racks of used books, broken electronics, and mothballed clothes at thrift stores. Mostly looking for vintage books and clothes to add to my collection. I'm excited to join the Reflector team this year, and hope to bring my love for aesthetic and design to the pages of the paper!



**Amber McLinden**

Features Editor

Hi! My name's Amber and I'm a workaholic! Besides being a third year journalism student, I work as a social media co-ordinator, a freelance writer/photographer, and your Features Editor. I also write a lot, including publishing articles and photos in BeatRoute, The Calgary Journal, Marriott Traveler, Flight Network, YYC Girl Gang, and of course, past issues of The Reflector. In my (lack of) free time, you can often find me drinking too many lattes, spending time with the people I love, enjoying some good tunes, and over-indulging my social media addiction. I enjoy reading and writing about current events, so you might find my name under a news article or two. I believe the Features section is where my love for reporting has the most room to evolve. I hope this year I can help contributors bring their ideas to life.

# Meet

# the

## 2017-2018

# Editors

**For updated news be sure to visit:  
[thereflector.ca](http://thereflector.ca)**

**The Reflector Office is located in the basement of  
Wyckham house. To get in touch with The Reflector  
staff, stop by during school hours or send us an email.**

# TRENCH premieres at ImagineNATIVE

*Mount Royal alumni takes his filmmaking to Toronto*

**Anna Junker**

News Editor

A recent Mount Royal University alumni is taking his documentary to an acclaimed Indigenous international film festival in Toronto this October.

Trevor Solway, who graduated from MRU's journalism program, was approached by Lindsey Sharman of the Calgary Military Museums to create a documentary about Blackfoot artist Adrian Stimson's performance called TRENCH.

"He was contracted to do a four-part performance on the 100th annual anniversary of Vimy Ridge which was a battle that took place during World War I" said Solway.

"Adrian has researched the battle and found that there was a great deal of Indigenous soldiers who took part in this war and in this particular battle."

One soldier Stimson had researched, explained Solway, was Michael Mount Horse, a local Blackfoot veteran from the Blood Tribe. When he had come back from the war, Mount Horse created a story robe, which is a story illustrated on tanned animal hide.

"The story on the skin hide is illustrated using pictographs, sort've like a traditional comic book. Michael had recounted his story through this robe which is still intact today," said Solway.

"Adrian had studied the robe and noticed he started the



**Adrian Stimson remembers Indigenous veterans from World War I, after digging a trench in a U shape, resembling a Blackfoot war symbol. Still courtesy of Trevor Solway.**

story with the Blackfoot war symbols which are square U's. Adrian had noted they resembled trenches. He decided for his third of four performances would be to dig a trench for five days from sunrise to sunset."

The TRENCH performance occurred from May 23 to 27 this year and dug on Siksika Nation, on Stimson's family homestead. Solway said Stimson wanted to spark conversation around Indigenous soldiers in World War I, as they were often overlooked.

For Solway, filming the performance was very important as a way to remember the sac-

rifice they had made.

"The idea alone of honouring forgotten Indigenous Veterans was a deal breaker for me taking on this project. The way Adrian intended to carry out this performance, by digging a trench, for five days from sunrise to sunset, was extra incentive," said Solway.

"It was a powerful and memorable experience to get up at 4 a.m. and watch the sunrise, watch the land wake-up, listen to the ambience of birds singing, the incessant sound of insects and then to watch the land go back to sleep when the sun sets at 10 p.m. Just the ex-

perience of being on the land and feeling the frequencies of the land was powerful."

"It's still there but it has been weathered by the elements and gophers have made a home of it," said Solway.

Solway will be showcasing his film at the 18th annual ImagineNATIVE festival, the world's largest presenter of Indigenous film and arts screening. This is his second time attending, after showcasing his comedic short Indian Giver last year.

"As a young Indigenous filmmaker, every decision we make, every story we tell, every message we put out there has significant impacts. We really have to consider what we are trying to do. The Blackfoot work is Aikiispa, what are we doing," said Solway.

"To be able to make a documentary, a narrative film, a short clip record on your cell phone is privilege. A privilege that hasn't always been available to our people, we have to recognize our opportunity and tell stories that matter."

ImagineNATIVE occurs October 18 to 22 in Toronto.



**ImagineNATIVE festival promotion for Trevor Solway's documentary TRENCH, which focuses on performance artist Adrian Stimson as he digs a trench in honour of Indigenous World War I veterans. Still courtesy of Trevor Solway.**

## THE REFLECTOR

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**Cover illustration credit: Robyn Welsh**

The Reflector, with an on- and off-campus circulation of 8,000, is the independent voice of the students of Mount Royal University. It is published fortnightly during the academic year (Sept. to April).

The Reflector is editorially autonomous and financially independent from all other governing bodies at Mount Royal University.

The Reflector welcomes newsworthy submissions from all students and community members. While the right of editorial comment is reserved for editors of The Reflector, opinion pieces may be submitted as letters to the editor, and may be published on the editorial page as such. The Reflector reserves the right not to publish submissions deemed by the Publishing Editor to be offensive.

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Submissions and letters to the editor should be a maximum of 500 words, typed, double-spaced, and contain the writer's name and phone number. No unsigned letters will be published. Only in exceptional cases, at the discretion of the Publishing Editor, will writers' names be withheld. The Reflector reserves the right to edit submissions for brevity.

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### the reflector

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# features

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## A broke student's guide to University

*How you can have fun this semester (on a budget)*

**Amber McLinden**

Features Editor

It's that time of the year, when everyone returns to school and eases back into a routine. It's also the time of the year when students have to leave their full-time summer jobs, taking a big decrease in salary for a part-time job or no job at all.

We all know this pain, so while you're getting used to school you also have to get used to spending a lot less money on having fun. It's still possible to go out on a budget while you're in school, but it's much harder than when you had a seemingly endless cash flow, no classes to pay for, and a paid-off credit card.

While we all had fun splurging on summer concerts, going out a little too much, and spending more on food than we thought we had, it's time to get back to budgeting. Whether that means pulling out an Excel spreadsheet to keep track of spending or generally cutting back, you still deserve to have fun, and you can with these tips and tricks.

Calgary has a lot to offer in terms of budget-friendly things to do, anywhere from regular discounts to completely free, depending on what you're looking for.

### Taco Tuesday

Taco Tuesday is part of the formula of a day of the week

that also has a special with the same first letter. You might not like Wing Wednesday's if you're a vegetarian, but you can definitely enjoy a veggie taco. Native Tongues has \$2.50 tacos, Anejo has half priced tacos, and Salt & Pepper has all you can eat tacos for \$13.95.

### Wing Wednesday

The weekly deals don't stop there though, and neither does the alliteration. Any good pub knows to fill a venue in the middle of the week, you need to have a really good deal. For most pubs, that deal is a discount on wings. At Jamesons, wings are 45 cents. The Pint has 40 cent wings, with 40 different flavours to choose from. Basically any pub has this special on, with the exception of a few who choose different days of the week to stand out from competitors.

### Happy Hour

Usually Wing Wednesday's also come with a drink special, but if you're trying to get your drink on during the rest of the week, head downtown after class for Happy Hour. Typically, happy hour in Calgary runs between 3 p.m. and 6 p.m., but you can likely find a couple a little later and earlier.

Check out National for 25



Central Memorial Park, one of Calgary's many downtown green spaces. Photo by Kennedy Enns

cents per ounce, or around \$5 a pint. If you're feeling more fancy, drink \$6 happy hour bellinis at the Cactus Club.

### Free First Thursday's

If you're not looking for food and drink, you can also find some cheap or free activities around Calgary. You're already paying enough to get educated, but that doesn't mean your thirst for knowledge and culture are quenched. Here's where Glenbow Museum comes into play.

Even though Glenbow's student pricing is only \$11, it's 11 dollars that can pay for a few coffees to keep you awake in class.

If you don't want to pay the price to visit, you can check out their Free First Thursday admission, where anybody can go for free on the first Thursday of every month. It's fun to check out their exhibits by yourself, with friends, or even go for a cheap date.

### City Parks

Calgary has over 8,000 hectares of parkland and 800 km of pathways, so if you don't feel like heading into the mountains for a hike, you can always take a leisurely stroll along any number of these paths. Yeah, Calgary has a significantly shorter summer than some of us might like, but it's all the more reason to get outside while the temperature is above freezing.

You can find a decent park close to your quadrant of the city, including Nose Hill Park, Fish Creek Park, Edworthy Park, and a number of others. These huge parks include rivers, trees covering your view of the city to feel engulfed in nature, and lots of dog sightings. Some of the parks even have off-leash areas for you to let your dog loose.

### Clubs with Free Cover

Not every bar and club in Calgary charges a hefty cover for entry on a busy weekend. You can definitely find places in the city to get in for free, and be able to spend less. Although this definitely depends on the day, places like National, Twisted Element, and on occasion, Cowboys, forgo a cover charge.

If you're looking to go out and party on a budget, you can also get a MRU Ski Club membership which guarantees you a lot of discounts on cover charges and other places in the



Blanco's #TacoTuesday special. Photo by Kennedy Enns



# Weathering the consumerist agenda this fall

## *Saving a few bucks while going back to school*

**Robyn Welsh**  
Layout Editor

The marketing industry is great at making you feel like you need to purchase an entirely new life for back to school. Whether that be school supplies, clothing, home decor, or anything in between, saying no to the bombarding consumerist messages can be difficult. If you just can't shake the feeling that you need to spend your hard earned summer dollars to kick off the semester, I've got some tips for you.

### Reassess what you already have

Things get lost, and they get lost often. Before you head off shopping, try browsing your own home. It is quite possible that you already have a very similar item to the one you want to buy. Even if that's just your favorite top from grade 12 buried in your closet somewhere, finding items after forgetting about them can make them feel new again.

### Swap don't shop

Chances are, you have a few articles of clothing or small knick-knacks that you can't see yourself using anymore. Organize a swap with some friends and bring everything you're willing to get rid of. The best thing about this is, you get new items while culling your own! You're welcome to make this into a movie night, enjoy some fun cocktails, or to just keep it simple and chat.

### When in doubt: DIY

As cliché as it is to say, trends come and go. And it can get quite pricey trying to stay on top of them. Thankfully, there is always the option to DIY (do it yourself). Whether you're a novice crafter or someone who constantly puts their skills to the test, there are many resources online for creating cheap look-alikes to your favorite pieces. Plus, creating your own school supplies means you can get exactly what you want

and will ensure your pencil case doesn't get mixed up with anyone else's.

Creating something yourself is rewarding and can make your belongings feel special. You can DIY nearly anything, so consider whether you can create something before shopping.

### Dorm room decor

Want to decorate your dorm room but don't know where to start? Try creating a vision board or photo collage using quotes, photos of friends and family, or images from magazines and online (but be sure to give credit to any artists when necessary). A vision board can illustrate future goals, or simply act as a form of daily inspiration.

Kijiji is also a great tool for picking up used furniture or decorations. Small household items are often put up for sale in great shape for a much cheaper price than you would find in stores.

### Is there a more ethical option?

If you just can't shake the feeling that you need to buy something new, or are simply not motivated enough to create something yourself, try looking into more ethical options before heading straight to Walmart.

### Thrift shopping

Shopping at thrift stores is an easy way to be more ethically conscious. Rather than giving money to corporations that don't have the highest ethical standards, you're helping to reuse clothing that might otherwise be sitting in a landfill. Besides, you get way more for your money at thrift stores. You'll find unique pieces that no one else will have and you may even find designer brands for cheap.

### Shopping small

In general, shopping at small businesses is an easy way to keep your items a bit more ethical. Here you can support local artisans while bypassing the pollution that comes with shipping items overseas. I also suggest looking into the materials that many mass-produced items are made of. A large number of them are chemically based and contain many toxins.

### Get Educated

Becoming a more educated consumer takes some work, but it will help keep your environmental footprint down and will give the earth just a bit more breathing room.

Hopefully these tips will help you save a bit of money this back to school season and allow you to, as the ads say, go back to school in style.



**USED:** A vintage clothing store on 17th Avenue and one of many thrift stores close to the MRU campus. Photo by Kennedy Enns

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# The best movies of the summer

*What you missed and what to catch up on*

**Colin Macgillivray**

Arts Editor



For movie lovers like myself, summertime can be a trying time. The warm months are often riddled with films that prioritize style over substance. From superhero movies that are filled with little to no substance, to second-rate sequels that plague cinemas around the globe, the summer is generally a horrific time for movies.

However, there are a few exceptions. There are times where a clever, original film will emerge from the ravenous pack of big summer blockbusters and plead its case to all of the movie theatre maniacs out there that summertime isn't a bust for diehard film fans. Here's my list of the best movies that have graced the silver screen since school was out.

## Honourable Mentions:

Baby Driver is an almost flawless film from a directorial

standpoint, with Edgar Wright seamlessly weaving an incredible soundtrack with some of the most unique car chases and action sequences in recent memory. Ansel Elgort proves himself to be more than a teen movie star with a strong performance as the titular character, while Jon Hamm's turn as the menacing, bank-robbing villain is as refreshing as it is entertaining. Unfortunately, the stylish symphony of characters do not escape cookie cutter clichés, and the often odd pacing drags down an otherwise incredibly entertaining movie.

Logan Lucky, on the other hand, does not suffer from stereotypical character arcs and odd narrative choices.

Steven Soderbergh turns the heist film genre on its head and offers a fresh and unique take on an often worn out formula. Channing Tatum and Adam Driver deliver hilarious, and often ridiculous performances as Jimmy and Clyde Logan.

As well, Daniel Craig proves to the world that he is much more than just James Bond, with an absolutely incredible performance as a convict who adores explosives, aptly named Joe Bang.

The story unfortunately suffers in its third act, as it can't keep up with the excellent heist sequence that comes around the halfway point of the movie. Nonetheless, Logan Lucky was the most fun I had at the movies this year.

## The Best of the Best:

### It Comes At Night

A film that can effectively play on a human's primal sense of fear is undeniably compelling. Yet, the genre of the murderous and macabre is often bogged down by horror movies that are marketed

towards junior high students who are solely looking to get spooked by some jump scares. Luckily, Trey Edward Shults, the writer and director of It Comes at Night, doesn't rely on nonsensical plot twists or creepy dolls to leave the audience uncomfortable and disturbed in the way he does with this masterful film. This psychological horror is not your standard, paint by numbers spooktacular. It's a character study that explores themes of family, trust, and ultimately paranoia and fear, focusing on a family in the wake of a highly contagious disease that is ravaging the world.

Joel Edgerton plays Paul, the patriarch of the family in question, and in typical Joel Edgerton form, delivers a stellar performance. The highlight for me, however, had to be Christopher Abbott's performance as Will, an intruder who breaks into Paul's family home at the beginning of the film. His complex character arc is interwo-

ven with Edgerton's, as the two rarely see eye to eye, culminating in one of the most tension filled sequences in any film I have ever seen.

Breathtaking cinematography, complex characters and some of the most refreshing performances in the horror genre, It Comes at Night proves that modern horror movies don't have to be cheesy, jump scare filled disappointments. They can be thought provoking, chilling and beautifully done as well.

### Wind River

Taylor Sheridan has emerged as one of the great film writers of the last decade. Penning the criminally underrated crime thriller Sicario in 2015, and arguably the best written movie of 2016 in Hell or High Water, I had extraordinary expectations going into Wind River, Sheridan's next writing credit and his directorial debut. Luckily, the film did not disappoint

# OUT'N ABOUT

## U Fest:

Mount Royal's Student Association is bringing students a free back to school concert Sept. 8 from 2-6pm. Featuring artists Coleman Hell and Neon Dreams.

## Film:

Calgary International Film Festival starts Sept. 20 and runs until Oct. 1. Over 12 days you can see a variety of films spanning many genres. Tickets are available at [calgaryfilm.com](http://calgaryfilm.com)

## Circle The Wagons:

Calgary's travelling carnival of food, music and art happens Sept. 9 featuring artists like Reuben and the Dark and Faith Healer. Tickets are \$35 and are available at [circlethewagons.ca](http://circlethewagons.ca)

## Market Collective:

Market Collective's 9 year anniversary market starts Sept. 15 and runs until Sept. 17. \$5 gets you in for the full weekend at the Inglewood Warehouse.

in the slightest. The dark, murder mystery centres around the brutal rape and eventual death of an 18 year old girl on the Wind River Reservation in Wyoming.

The often disturbing level of violence and tension that is fused with beautiful cinematography, haunting dialogue and brilliant character study is a testament to Sheridan's gift as first time director. Jeremy Renner's performance as Cory Lambert, the gritty, Fish and Wildlife Service agent is as commanding as it is heart-breaking, with him delivering his best performance since 2010's *The Town*. The rest of the cast is brilliant as well. From Elizabeth Olsen's fiery performance as Jane Banner, the FBI agent who is flown in from Las Vegas to investigate the crime, to Graham Greene, who plays the reserved, police chief with stoic grace and genius deadpan humour. Finally, Jon Bernthal and Kelsey Chow's mere ten minutes of screen time is one of the most harrowingly powerful scenes this year. These exceptional performances are only made stronger by Sheridan's writing, which like his other two scripts, is virtually flawless. Nick Cave and Warren Ellis add the finishing touches to a

beautiful film with an evocative and stirring score.

For all the vicious violence and introspective character work, *Wind River* ultimately sheds light on the lack of statistics on missing and murdered Indigenous women, and for that reason, Sheridan has crafted not only one of the best films of the year, but also an incredibly important one.

## Dunkirk

Christopher Nolan's *Dunkirk* is based off of the seemingly hopeless situation that hundreds of thousands of Allied troops found themselves in after the invasion of France in 1940. With German forces closing in, all that the soldiers can do is wait and hope for an evacuation. It is a masterclass in visual storytelling that works against weathered and worn war genre tropes in expert fashion.

Rather than focusing on a ragtag group of soldiers overcoming insurmountable odds, Nolan decides to do something that is completely inventive and focuses on the human aspect of all these soldiers, and the fact that the only thing that matters is survival. This is a narrative choice that not everyone will enjoy, but I thought

it was extremely refreshing, and it made me feel that I was almost on the Dunkirk beach in France.

Although dialogue is scarce, all the actors do an exceptional job portraying emotion with subtle visual cues. Coupling this with beautiful camerawork and a score by Hans Zimmer that is in contention for his best ever, *Dunkirk* stampedes out of the gate with power, and doesn't let up until the film reaches the climax.

It is an incredibly gripping story, filled with unforgettable scenes from land, sea and air. It is not an easy feat to create a non-linear, branching narrative that is compelling on all fronts, yet *Dunkirk* seems to bask in its ability to provide interesting characters and jaw-dropping action without a padded runtime and unneeded exposition.

Everything about *Dunkirk* focuses on the situation that is unfolding for these soldiers. From claustrophobic firefights, to long takes that leave you in awe at the scope of war, Nolan's movie has no time to be bogged down by backstories. It is an unsettlingly beautiful film about the grotesqueness of war and the fragility of human life, and is not only Nolan's finest work, but one of the greatest



Although it didn't make the list for best films this summer, *Wonder Woman* was the highest grossing movie at the box office. Photo courtesy of Warner Brothers

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# The summer 2017 music recap

*What's you might have missed from this summer's releases*

**Nathan Kunz and Alec**

**Warkentin**

Staff Writers

Summertime has come and gone once again, and over the past couple months some new and noteworthy music has obviously come out. Here is our list for some summer albums that you should check out if you're dying for some fresh sounds on your new playlist.



## **BROCKHAMPTON SATURATION II QUESTION EVERYTHING, INC. EMPIRE**

Has it become a cliché to talk about the difficulty of standing out in modern hip hop yet? "With nearly every heavy hitter dropping an album in 2017, how does a young act break through without riding coattails?" feels like a question I've seen hundreds of times throughout the last few months, whether it be in a comment section, album review (Look! Here it is again!) or the always exciting music think-pieces littering online music journalism.

Regardless of the phrases label-status, its repetition alone shows its relevancy within the genre's current landscape. Self-labelled boy band Brockhampton (stylized BROCKHAMPTON), however, may have found an answer to the persisting question by dropping their second album of the season, SATURATION II just three months after its critically acclaimed predecessor.

Led by 21 year old MC and director Kevin Abstract, the collective's second full length flows from one dynamic verse to the next with absolute ease.

Mixing influences of modern rap and classic hip-hop, instrumentals remain unique throughout the 16 track listing, never falling into strained efforts to recreate the flavour

of the month or replicate stale sounds.

Whether it's retro g-funk synths whining through a gauntlet of voices on opener "GUMMY", dramatic ringing chorus keys holding the soundscape after a heavy-hearted verse by Abstract on "JUNKY", or winding modern trap-flute popping in and out of the bouncing instrumental on "SWAMP", Saturation II ties influences together seamlessly throughout.

With aggressive tones contrasting heartfelt messages without falling off flow or brand, Abstract directs the seven MC collective with precision and brave creativity across Saturation II. No verse is followed as expected, with each MC featured holding a unique style and delivery that characterizes the album as a unique rare piece of diverse modern hip-hop.

Contrasts and character, both in the beats and vocals, creates an unpredictability throughout SATURATION II, an album that cements BROCKHAMPTON's place as the most exciting new group in genre's tightly packed modern landscape.



## **Big Thief Capacity Saddle Creek**

Every year finds an indie-rock album burst forth from the woodwork with such ferocious earnestness that it puts many of the "big guys" in the well-established genre to shame.

Released in a month that also saw the return of indie powerhouses Fleet Foxes, it was Brooklyn's Big Thief that seemed poised to dominate, and while it received a respectable amount of coverage, the time is already due for Capacity's victory lap.

From the opening seconds of wistful guitar-picks and wavering vocals, front-woman Adrienne Lenker is spellbinding, weaving tales inspired by her own turbulent upbringing and lovelorn relationships.

While this may sound "old-hat," each of the album's eleven tracks come from a place that is very much real. You're with Lenker as she describes her mother pressing a dishrag to her forehead as she stems the blood from a childhood wound ("Mythological Beauty"). You're with her as she reminds a lost friend that she can return with open arms ("Halley"). You're with her through trauma ("Pretty Things"), and more trauma ("Watering"), and more ("Coma").

Though it's not all negative, there are also bright spots as well, letters to and lamentations to friends ("Capacity").

As an album, Capacity cuts through the bullshit, and like a phoenix rising from the ashes, Lenker and listener both return from the album purified and clean.



## **Brand New Science Fiction Procrastinate! Music Traitors**

Attaining a near-mythical status due to their time as one of the primarchs of mid-naughties emo, New Jersey's Brand New have finally managed to break into mainstream, gracing the top of the Billboard 200 with what is rumoured to be their last album.

After being gone for eight years, both long-and-first-time listeners will find something in Science Fiction, an album which is easily the group's best since 2006's The Devil and God Are Raging Inside Me.

Science Fiction interpolates dystopian-flared samples over

infectious instrumentals in a sort-of film-like narrative, scored against a world that knows the end could be at any time.

It's a fitting way for any band to go out, and there's never been a climate so apt for a release like this.



## **The War on Drugs A Deeper Understanding Atlantic Records**

While Ryan Adams seemed to lay claim to the "Americana"

crown earlier this year with Prisoner, it's The War on Drugs who are poised to usurp the throne with A Deeper Understanding, a fantastic homage to wanton abandon and 80's-inspired heartland rock.

The War on Drugs have been riding on a wave of success beginning with 2014's Lost In The Dream, but it is on A Deeper Understanding that the groups myriad influences take form. Over ten fantastic tracks, TWoD burn through stadium-ready, pumping guitar jams and textured rhythms that not just recapture, but reinvent the glory days of late 20th Century new wave. On the stand-out track "Strangest Thing," Granduciel's one-part- Dylan, one-part- Springsteen delivery is so strong you'd swear this album was an unearthed classic from days of yore. In short, what The War on Drugs have produced is an album that begs repeated listens, and an album that pines for a deeper understanding.

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## Mount Royal Cougars unveil new logo

*The new brand “will change the face of campus, literally and figuratively”*

**Dan Khavkin**  
 Sports Editor



**MOUNT ROYAL UNIVERSITY**  
**COUGARS**

**Mount Royal's official new logo, it is the second emblem change since joining the CIS six years ago. Photo by: MRU Cougars**

“Change was inevitable, an evolution was inevitable and today this change just feels right. The new identity of the Cougars builds a renewed sense of pride across campus,” said Mount Royal University president David Docherty early afternoon on August 25. When MRU launched its new brand and opened a new chapter for the university.

The press conference held on mainstreet was a launch of a new Cougar brand that had a heavy emphasis on uniting the MRU community not only in regards with athletics, but also with the community around it.

Cougar brand is indeed a beacon around Calgary and with the new badge, more memories will be created and cherished under a new logo. More people will be proud to present their experience with MRU to other people, both alumni and current students.

“This goal with the new brand is to take the pursuit of excellence and commodity and build it into sports teams bottling it up, shaking it around a bit and share it all with you.” Docherty adds.

The new brand will create a lasting impact for the future,

as Western Canada's youngest school will now have a fresh new look that will catch the eyes of future opponents for the years to come, especially those close to home in respects to the University of Calgary Dinosaurs.

Vice-President of Student Advancement Paul Rossmann stated: “We are the Cougars. Everyone who was part of our community and everyone who has invested in the success of Mount Royal University are welcomed and encouraged to embrace the Cougars spirit. It may have its roots in athletics but it has tremendous power to unify our campus.”

“The new logo is strong, versatile and uniquely identifiable. The head on Cougar is determined and focused while the MRU lettering evokes the strong and forward-looking institution.” Rossmann detailed at the conclusion of his speech.

Vice-President of Student Life and Campus Affairs Steve Fitterer, who himself was a former student athlete at the University of Victoria, understands the impact the new logo as a chain reaction across campus. Which, Docherty insisted isn't only “on campus, when you

wear Cougar gear out in the community, its like a beacon.”

Fitterer poked at the Cougars biggest rival who dwells just up Crowchild Trail; jokingly stating, “Just thinking of our friends up the road, we are often pretty close competition in athletics but now that I see us with our new logo, that battle isn't even close. I anticipate them being very jealous of us looking far better than their funny looking...Dino”.

We can all agree our fire looking Cougar looks fresher and more stylish compared to our counterparts old and tattered Dino who might need another extinction so they too can remodel themselves.

This is MRU's sixth year as a university and first logo change in athletics since the switch into Canadian Interuni-

versity Sports (CIS).

Third-year men's soccer skipper Ryan Gyaki believes the logo make a difference across campus from the athletics perspective stating, “I think the most exciting part for everyone is that the Cougar is inclusive to MRU so it ties everyone in as a group from my point as a coach.”

Women's Volleyball coach Sandra Lam has been involved with Cougar athletics for 19 years believes it was the right time for a change.

“I do think that things change and you want to stay up to date, it's my second logo change but it gets better and better, more modern and it's all about relating to the community. That's what the whole rebranding does for the MRU community.”

Men's soccer had the blessing of rocking the new Cougar colors in their opening weekend two weeks before school kicked off. From word heard across the athletics office, the buzz is still there as coaches and their student-athletes are prepared to show off their new colors, already winning on the playing field by looking better than the opposition.

Let's have confidence that with stylish new looks comes even greater success and accomplishments for Cougar athletics on behalf of both present and future Mount Royal Cougars.



**Mount Royal Cougars soccer team sports new uniforms. Photo by: Adrian Shellard**

# #S

**50-0** Floyd Mayweather's final record entering retirement.

**6** the amount of teams qualified for this summer's Fifa World Cup.

**14** the amount of starting pitchers on the Toronto Blue Jays.

**37** consecutive games with a strikeout for the New York Yankee's power hitter Aaron Judge.

# 50-0 Mayweather defeats bold McGregor in historic superfight

**Sajan Jabbal**

Contributor

It was deemed “The Money Fight” 40-year-old legendary boxer Floyd Mayweather held 15 world titles

in five weight classes and “Money” Mayweather Jr. came out of retirement and defeated Ultimate Fighting Championship’s (UFC) superstar “Notorious” Conor McGregor in the most lucrative fight in sports history on Saturday August 26th, 2017 by way of TKO in the 10th round.

Mixed martial artist McGregor was on a hunt to make history and take down Mayweather’s unblemished record of 49-0 as they took part in the biggest boxing event of our time inside MGM Grand of Las Vegas, Nevada. Never have these two sports come together to put on a spectacle that is known and anticipated around the world.

People compared the clash of sports to Michael Phelps racing against Usain Bolt. One of such comparisons provided by Wayne Gretzky who was on the record saying the fight will be like a figure skater competing against a hockey player.

Pay-per-view numbers were shattered as a recorded 6.5 million people worldwide had paid for the massive showdown at a premium rate of \$89.95 USD, on top of an extra \$10 USD for high definition viewing.

From the beginning, the fight started outside of the ring, as it was a tug-of-war between the two megastars to see who could attract the most attention and who could press the most where it hurt.

The fight before the fight took place over social media and in a handful of press conferences where each fighter tries to prove why they are going to win. From posting threats about each other on social media, to all the press conference debacles and gimmicks, these two fighters were ready to prove to the world why this was the most hyped up fight in history.

Shots were fired early on and in the weeks before the fight as one of four scheduled public press conferences were held in four cities in a span of four days.

In the first press conference held on July 11th in Los Angeles, McGregor made the statement “I’m going to knock him out inside four rounds.” A bold move for the confident mixed martial artist who claimed he is going to bring the power, and

Mayweather “won’t know what hit him.”

The truth is that Mayweather had never fought someone with the presence that McGregor brings to the octagon on a regular basis. It seemed to be the popular consensus that “Money” is the best boxer of our time, and he would have his skills tested come Saturday night.

Conor McGregor is no stranger to the boxing field despite of what the average sport world had believed. All odds were stacked against McGregor in this fight but many believed his size, speed, and power would be the difference in the boxing ring. His best strategy would be to come out early and fast, making as large of an impact to tire Mayweather out and hope for a chance at a knockout punch.

With the boxers agreeing to fight in unconventional 8 oz. gloves compared to the standard 10 oz. that is set for the weight class, the fight was set for challenger McGregor who came into the fight at a weight of 153lb to Mayweathers 149.5 and the fight was on.

McGregor came out with his guns blazing and to everyone’s surprise, took the first three rounds. His different style of boxing threw Mayweather off which forced him to adjust his technique and style just to stay in the game.

The main problem McGregor had was the consistent hammer punches he was getting in trouble for as he was constantly being warned by referee Robert Byrd. Floyd handpicked Byrd, a veteran referee and respected in the boxing community.

Mayweather kept his cool for the first three rounds and let the Irish fighter tire himself out. As the fight went on, he adjusted to McGregor’s aggressive tactics and took the fight right back to him, winning the next six rounds. When the seventh round started McGregor’s fatigue became apparent as he is only used to fighting five rounds in the UFC and has only fought 25 minutes at the most.

Mayweather continued to advance, eventually tiring out McGregor so much where he couldn’t defend himself. Byrd called the fight a victory to Mayweather one minute into the 10th round, by TKO.

Now that the fight is over, look at Mayweather to enjoy his retirement, and probably

not put the gloves on in a professional ring again. He’ll be looking to spend some of his 100 million dollar payout from the fight. McGregor will look to enjoy some time off, before he starts to prepare for his next UFC fight, perhaps a McGregor/Diaz chapter three?

Throwing almost 40 punches more than Manny Pacquiao in 2 less rounds, and beating one of the greatest of all time in the first 3 rounds, shows that McGregor means business, that is if you were a Connor fan.

Those on the flip side would argue that the inefficiency

shown by McGregor was the reason he shouldn’t have been near a boxing ring as his 28% punching accuracy didn’t seem to phase Floyd at all as some experts believe only around 10-12 punches were actually felt by Mayweather.



Conor McGregor and Floyd Mayweather stare each other down in this promotional poster. “Money” connected on over 50% of his punches compared to Conor who only landed around 26%. Photo courtesy of the UFC

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# Cougar Corner: MRU's men's soccer season opening weekend

*MRU Cougars men's team drop two heartbreaking defeats against Golden Bears and Griffins*

**Dan Khavkin**

Sports Editor

The Mount Royal Cougars Men's soccer campaign started off on a luckless note. After playing the two opposing

schools visiting from the provinces capital, The University of Alberta Golden Bears, and The Grant MacEwan Griffins.

Game one took place at Cougar Stadium Field in front of a packed and pro-Cougar crowd. As the boys in blue were ready

to kick off a season wearing new colors and threads on the hopes of achieving the success of last years season, where the Cougars lost in the quarter-finals of Canada West playoffs.

This year's squad consists of 12 rookies and only five players with at least three seasons under their belts or more.

The squad lost their "heart and soul" player and team captain Cody Cook to graduation. Cook was the all-time Cougars goal and assist leader and was named to Canada West's second all star team along with fellow all star Tyrin Hutchings who took his talents to a pro level and is currently playing in Sweden this year.

MRU also lost veteran backstopper Kamil Zielinski who also had graduated and in turn the Cougars have lost a strong presence in net.

Though the Cougars lost their core players, the new recruits have a chance to create their own history and to write more chapters for the future.

MRU lost the home opener 1-0 to the powerhouse Golden Bears who are coming off a national winning season. They started their defense of the national title with a fortunate win as the lone goal came off a penalty kick that was a result of a grey 50/50 call when rookie goalie Kyran Valley collided with a player in the air and the call was given to the opponents.

First-year forward Kylan Johnson had the best chance of the game when he teed up a bicycle-kick of a cross delivered by fellow first year Yusuph Kalenga that was denied by a strong left palm by fifth-year senior Goalkeeper Connor James early in the first half.

The Cougars controlled the whole game and pressed the most but Bears goalkeeper James kept blocking shots as the level of difficulty increased. With the last save being the most vital of them all, a one-on-one blocked with the ball tipping the crossbar on its way over the net. The chance came from Richard Nyavor seconds before the final whistle went off.

Next afternoon, the Grif-

fins netted three consecutive goals inside the last ten minutes against a 10 man Cougar squad who simply collapsed and couldn't hold back the surging Griffin squad anymore.

MRU was up 2-0 thanks to a header scored by Nyavor and a spot kicked put away by rookie Justin-Anderson Louch.

The red card was the turning point and as good as the Cougars did on defense, fortune just didn't land with them. As three fate deciding chances landed in favor of the Griffins and scored by way of two deflections and a rebound tapped into the empty net.

Both losses were unfortunate and winnable games with a break going towards the Golden Bears who got a call in favor of them when in another scenario, the spot kick would not have been awarded.

With the second game, melt-downs sting the most in sports because you know you had the opponent but couldn't close them out. The MacEwen game was a good early lesson in a very young season for the young squad who will undoubtedly bounce back in the games to come.

MRU are going to be on a four game road trip where they hope to string a few wins along to boost morale within the locker room and start climbing up the league's table.

The next home game will take place on September 23rd against Thompson Rivers with kickoff scheduled for 1:30 at Cougar Stadium Field.

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