

the reflector

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SAMRU hosts town hall to discuss issues

The event focused on sexual violence, cannabis and academics on campus

Nathan Woolridge

News Editor

On Jan. 23, the Students Association (SAMRU) at Mount Royal University (MRU) hosted a town hall. The event was held in Wykham House around noon and saw four individuals on stage answering questions: David Docherty (MRU President), Andrew Nguyen (SAMRU REC President), Paul Rossman (VP University Advancement MRU) and Shayla Breen (SAMRU VP Student Affairs).

The group discussed three main topics — cannabis on campus, the old library space and sexual violence education and prevention on campus.

Cannabis

In October, Canada officially legalized cannabis for recreational use. The university was crafting a policy on cannabis, but was not able to follow through because of the announcement of the city's bylaws for public consumption.

"We were sad to see the city's bylaw on [cannabis consumption]," said Breen.

"We are determining how we can work with the city on harm reduction," said Nguyen. "We are waiting for the city to respond. The issue of cannabis on campus remains in the hands of city council."

Rossman adds to the conversation by saying, "We ended up landing on a revision of the smoking policy ... that policy got approved when we were notified that the city would [ban public consumption]." The revision was put on hold once the city's bylaws were announced.

Rossman said there is a possibility to adapt once city bylaws change.

"If city council would change their use ... we



SAMRU is hosting a series of town hall events in the Fall semester. In January, they held their first one which discussed cannabis, the old library and sexual violence. Photo by Ricardo-Andres Garcia

would work to facilitate that change," explained Docherty.

Old library

As many students know, the old library space remains vacant. There has been some speculation of what the space will be used for.

"We hear a lot from students about opening up that space for study space," said Nguyen.

But, according to discussion at the town hall, it appears the space will be used to combine student services into a centralized space. Docherty suggests that this could see the movement of the Iskim Centre and other similar services into that space.

But, when will we see something moved into that space?

Well, funding is a main concern. Nguyen says, "Once there is funding confirmed for the old library space, students will be consulted." The representatives said

that they continue to ask the government for funding to get started on updating the space.

Breen said, "We heard from students that there wasn't enough transparency" about what would be happening with that space.

Nguyen tells attendees to consult the Campus Master Plan to see an outline and redesign plans for the space.

The representatives also stated that the large cost of staffing the old library space right now is the biggest reason that the space isn't available now to students.

Sexual violence

The education and prevention of sexual violence in the university was also briefly addressed.

Breen says a lot of their sexual violence education and awareness comes from SAMRU's Pride Centre. She said their work is focused

on education about consent, racism, transphobia and other important areas.

SAMRU representatives, Breen and Nyugen, talked about lobbying the government for education and funding for supports. They also state that their job is to "hold MRU accountable to the policies they have in place on sexual violence," according to Breen.

On MRU's side Rossman addressed what the university is doing to educate on and prevent sexual violence. Rossman says, "It's a difficult question and dialogue to have, but an important discussion."

He says the biggest question is: "Are we changing hearts and minds of perpetrators?"

"Our role is to create a community and environment that is safe and secure," said Rossman. A part of that role is to "change the narrative around believing."

Rossman also briefly

touched on the training that residence services staff goes through to help and assist students, specifically in dealing with sexual violence.

Town Hall

Only one individual took the opportunity to ask Rossman, Docherty, Nyugen and Breen a question throughout the town hall, even though students were invited to approach the microphone at any point during the event.

Docherty also addressed him leaving after many years as president. He was asked what his favourite things have been at MRU. He said he has some fond memories of watching student athletes help people on move-in day and celebrating convocation. He will be leaving MRU in May.

This town hall was the first of a town hall series. The second event will be held on Mar. 12 from 12 p.m. to 1 p.m.

Should students have more say about what their fees are used for?

What Ontario's latest tuition changes could mean for universities in Alberta

Nathan Woolridge
News Editor

New rules in Ontario will affect free tuition for low-income students. As well, it will allow post-secondary students to opt out of various fees — which fund campus groups, student newspapers and clubs.

The Star's Kevin Maimann wrote, "Universities and colleges in Ontario will lose \$440 million in revenue under the Progressive Conservative government's plan to cut tuition for post-secondary students by 10 per cent."

Doug Ford's Conservative government has been campaigning recently under the slogan, "For the Students," which appeared on recent podium stands. But, according to Trina James in a Maclean's article, "Doug Ford does not represent—nor does he care for—the students of Ontario.

"If he did, he would respect the need for adequate student spaces and student-led services, respect the autonomous structure of the student unions, and ensure post-secondary institutions have the funding needed to provide both the current and future students with high quality education and adequate resources on campus."

James also goes on to call out Ford and his government for their "Student Choice Initiative." She also writes, "The government's interference is nothing but a calculated attempt to dismantle the loudest and strongest advocates of public post-secondary education."

In her article, James also lists some post-secondary services that are provided through student associations.

What could this mean for Alberta?

If Alberta were to elect a conservative government in the 2019 election, would there be similar policies put in place here?

Jason Kenny's United Conservative Party (UCP) seem to be interested in a similar policy and take on student associations in Alberta.

A UCP policy convention took place on April 16, 2018 and saw similar views on post-secondary students being able to opt out of various fees.

The policies that were put forward at the convention stated that one of their policies would be to "Protect and guarantee the freedom of association of students by allowing individuals to choose for themselves, whether to become a member of their student's association."

89.7 per cent of attendees agreed or strongly agreed with this statement.

Another mandate in regard to student associations was to "prevent student association from using student association fees to engage in politically partisan activities. Student association activities are to be non-partisan."

What would this mean for SAMRU?

At Mount Royal University, the student association is SAMRU. The student association resides in Wyckham House on campus — which is home to the Hub, the Peer Support Centre and the Pride Centre

Winter 2019 Detailed Student Fees (Full-time student)	
Winter 2019 CREDIT	
Description	Charge
Athletic Fee	\$95.65
S/A Capital Campaign	\$40.00
S/A Dental Fee	\$99.32
S/A Health Fee	\$61.00
Insurance	\$2.25
Lab & Instruct Equip Fee	\$135.50
S/A Reflector Fee	\$7.55
S/A Scholarship Bursary	\$3.00
S/A General Fee	\$99.01
Student Services Fee	\$121.20
Tuition	
S/A U-Pass Fee	\$145.00

A detailed student fees lists that indicate Student Association fees as 'S/A'. These are fees that full-time students pay for various services in a semester. Infomation courtesy of MyMRU. Graphic by Nathan Woolridge

amongst others.

Possible new legislation could mean some of SAMRU's services could be cut if students decide not to spend fees on certain aspects.

This would encourage the freedom to choose to be a part of the student association or to opt out of certain fees that help run and operate various services. If you want to know how much you are paying for student

association fees, you can see it in your detailed fees on MyMRU.

But, for the UCP's specific policy to pass, they will have to win this years election and likely, this issue will be brought up later down the line — although it only took Ford's government eight months to introduce these new rules.

THE REFLECTOR

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YOUR STUDENTS' ASSOCIATION



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February 12TH at
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Cash incentives for clubs available!
For more information, visit samru.ca/agm

BLACK HISTORY 02 | MONTH 19

For a schedule of events, please visit
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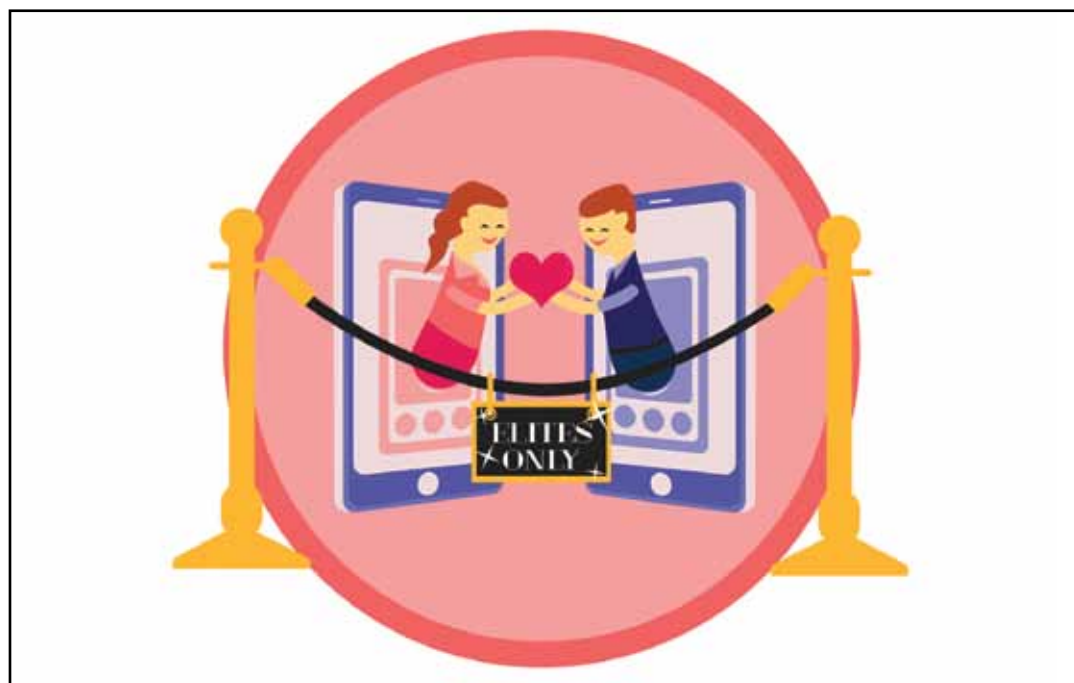


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The Inner Circle: Delving into the world of exclusive online dating

A new dating app geared toward a so-called elite group of like-minded, high-quality singles



The Inner Circle differentiates itself from other dating sites by screening profiles ensuring only the “most aspiring singles” have access. Graphic by Riggs Zyrille Vergara

Riggs Zyrille Vergara

Contributor

Online dating apps have surely upgraded the modern dating scene. But many of us have grown tired of the endless swiping that more or less just leads to horrible catfishing, dangerous scams and messy hook-ups. But one app has found a way to weed out sketchy dates by putting you in an exclusive, elite group of singles.

David Vermeulen told *Business Matters* UK magazine that after going through “awkward, random, anonymous, untrustworthy” dating apps, he sparked an idea with his event management skills to intertwine the magic of online and physical dating and turn it into a dating experience that emphasizes quality over quantity.

In 2012, the Inner Circle, a dating app that claims to gather vibrant like-minded singles, through rigorous screening of

profiles, was born. With the app now active in more than 30 cities around the world, it amassed to over 1.4 million users and more than half a million on their waiting list.

How the app works

One of the hallmarks of the app is its meticulous screening process done by a designated team in the company. Vermeulen told the *Daily Express* that their ideal members are people aged 25-45, who are well educated and are from ‘inspiring and ambitious’ professions. They also place a high-value on the social connections that you have. So if you have more friends already in the app, you will more likely get an invite and be accepted.

Upon registration, the app asks a series of personality questions that builds the dating profile. This registration then

qualifies as an application, and the user will be automatically put to the waiting list.

It also has the familiar dating app features such as swipes, likes and winks. The user can post about the recent bars and restaurants they visited. They can also see members who recently joined, members who are abroad and members who are visiting the city. The “Events” feature is where it gets a little bit more exciting as with the purchase of a ticket, the members have the chance to meet offline with other singles in the Inner Circle-handled exclusive parties in their own cities. They have hosted more than 300 events worldwide with more than 40,000 users attending.

Interior designer Tally Higgins, 32, told *The Guardian* that using the app has meant fewer wasted nights out with dates with whom she had

nothing in common. “I tried a few dating apps, but the good thing about the Inner Circle is that you know what you are going to get. You are going to get somebody like-minded, with a similar background,” she says.

Beneath the Circle

The app had received numerous awards such as the 2014 Newcomer Website of the Year, 2015 Best Dating Events Brand and 2016 Online Dating Brand of the Year at the UK Dating Awards and others. But like any other app out there, it’s not without flaws.

Eligibility is not only dependent on jobs and social status but also, subjectively, appearance. As Vermeulen had said in his interview with *The Daily Express*, “Equally if you are over 45, say 46 or 47, and you are good looking and connected with a great career, we won’t turn you away just because you missed the age cut-off by a little.”

The high value placed on social connections can be a bit problematic as well and can be borderline elitist. *The Daily Express* asked Vermeulen how this encourages people to stick in their small social sphere and just date people like themselves. But, he counters this by saying that rather than encouraging snobbery, it is offering people a greater chance at love.

“If you really want to meet and date someone in the same level as you are and build connections within your field, then it’s a good app. But dating isn’t just about social status,” says a 20-year-old business student from Mount Royal University who would like to be addressed as Ann.

Safety through verification might be one of the things the

app can offer. But as their app discloses in their Terms and Conditions, they do not conduct criminal background checks in relation to their members. So there is still a risk of meeting someone with an agenda other than dating. It doesn’t mean that when someone is in the upper social class, they are not dangerous.

“I think if they have to go through all these steps to verify someone, I think it should be open for everyone and not just invitation only,” shares a 27 year-old Toronto-based engineer, who would like to be called Oliver. He too has had his fair share of using dating apps as he met his girlfriend of six years online, through Bumble.

The app could be successful in plucking out scams and frauds. But what it also unconsciously does is reinforcing the dated toxic concept that only people from the same social class can be together, and that people from the lower class are not worthy of quality people.

The takeaway

It’s important to note that having similar traits doesn’t always immediately mean love. Solely relying on people within the same social sphere limits our worldview. There are far more important qualities than the ones set by this app that can build a better relationship.

As William J. Doherty, a marriage and family therapy program director from the University of Minnesota, had said, “Compatibility is overrated. The similarities or personality traits that attract people to each other may not hold up over time... Values about money and children run very deep and are important. The surface ones don’t matter.”

A year in review for Alberta's LGBTQ+ community



The LGBTQ+ community has made strides last year as Calgarians come together to build a city where love always wins. Photo courtesy of Toni Reed, Unsplash

Nathan Woolridge

News Editor

A lot of discussion about the LGBTQ+ community in Alberta took place in 2018. There were many discussions surrounding gay-straight alliances amongst other issues that sparked various conversations in the province. Along with steps forward, there also came challenges for the community in the province.

Gay-Straight Alliances

In 2018, talks about Gay-Straight Alliances (GSA) took place across the province. Legislation was put forward to protect the privacy of students that join a GSA. Bill 24 amended the School Act to not only protect the privacy of these students, but to make “publicly funded schools to create welcoming, caring and respectful policies and make them publicly available.”

Schools across the province were given until June 30, 2018 to put these “safe and caring” policies into effect.

In May 2018 a majority of United Conservative Party members at the party's inaugural convention voted in support of a parent's right to know that their child is part of a GSA.

The NDP passed Bill 24, which protects teenagers part of GSAs and similar clubs. This helps students who are part of these clubs to not be exposed to their parents if they are not

ready to come out — they may be subject to discomfort and abuse at home.

Taber votes against Pride flag

In early 2018, the province saw some controversy when the Town of Taber voted against flying the Pride flag on a public flagpole.

A group called The Taber Equality Alliance flew the flag in 2017, but it was damaged by vandals multiple times.

The Town of Taber released a statement stating that a motion was passed, which expressed that the flagpole standing in Confederation Park will no longer be a community flagpole. The flagpole is strictly for hanging the flags of Alberta, Canada or the Town of Taber.

Pride event takes city by storm

Pride Week involves various events that either promote education and advocacy or offer an opportunity to celebrate individuality.

There are workshops, seminars and social events to help promote diversity and to show support for the LGBTQ+ community. There were also various flag raising ceremonies held across the province.

Last year, the event also showcased several celebrations, such as drag shows multiple block parties

and celebrations held around the city — including the Dyke and Trans MARCH, PURE PRIDE, All-Star Pride Weekend and many more.

In Calgary, many people attend the Pride Parade, with numbers seemingly increasing every year. In 2018, it was reported that tens of thousands of people attended the parade. The Pride Parade is the second largest parade in the city following the Calgary Stampede parade. The 2019 parade and Pride in the Park will be taking place on Sept. 1.

Prior to Pride Week last year, Calgary Pride invited Calgary Police officers to attend this year's event — they could identify themselves as police officers, but were not permitted to wear their formal uniform. Calgary Police Services (CPS) was not able to have their own entry in the parade. A statement was released saying that CPS, the mayor's office and Calgary Pride are looking to improve relations moving forward.

There were thousands of people who participated in the parade. In September 2018, Calgary Pride celebrated their 28-year anniversary of having the parade in the city.

The Pride Parade ended with a celebration at Prince's Island Park. It was a big celebration that coincided with various other events that took place across the city during Pride Week.

In 2019, Calgary Pride Week will be taking place. Aug. 23 to Sept. 2.

Our first permanent Pride crosswalk

Calgary has had Pride crosswalks in the past, but was one of Canada's last cities to install a permanent crosswalk.

Mount Royal University (MRU) became home to the city's first permanent Pride crosswalk.

MRU provost, Lesley Brown recently told *The Reflector* how proud she was of the crosswalk. “There was a couple of young men who were standing on that sidewalk just having a kiss. And it was like, ‘Wow.’ It was a great, a really proud moment for me to think, ‘I get to work here and I get to be the provost here, so that was awesome.’”

Brown also talked about the importance of the crosswalk. “I think it was pivotal for the university because it was a symbol of permanence. It is the only permanent pride sidewalk in the city. Then, the students came back and they were able to be welcomed by that.”

In June 2018, MRU also raised the Pride flag for the first time as an institution at a Pride Month celebration over the summer.

The crosswalk was done by Zoom Painting, who donated

the cost of the installation and will upkeep annually for up to five years. The contribution is valued at \$17,500.

Calgary MLA's wedding officiated by the premier

Calgary-Cross MLA Ricardo Miranda is Alberta's first cabinet minister to be married in a same-sex wedding. The MLA, who is also the minister for culture and tourism got married to his partner, Christopher Brown.

Miranda told CBC that “We could have ... easily done this without anybody finding out. But, I've always been open and forthcoming and honest about my life, and this didn't seem like the time to actually hide.”

The wedding took place at Calgary's Glenbow Museum and was officiated by Alberta Premier, Rachel Notley. She later tweeted a photo of her officiating the wedding and said, “What a great day to celebrate the love!” Notley also thanked the couple for allowing her to be a part of the celebration.

There is always room for improvement, but some of these events highlight some of the amazing things that are bringing people together. These may be small advances but it's important to recognize the strides that are being done to bring communities closer together.

Be careful Vogue, your Islamophobia is showing

Karina Zapata
Arts Editor

“Hold on, hold on. Stop. They spelled my fucking name wrong.”

In a video posted on her Instagram, Noor Tagouri’s face drops as she opens the latest issue of Vogue. First, she sees a large spread of herself dressed head-to-toe in Givenchy, then she sees the tragic and irreversible mistake: Tagouri was identified as another Muslim woman, Pakistani actress Noor Bukhari.

Her husband, Adam Khafif, was filming the moment to capture the excitement of Tagouri being in American Vogue for the first time ever — something she says was a lifelong dream. Instead, he captured the heartbreaking reaction of a woman who is constantly misidentified and misrepresented in the media.

In her Instagram caption, Tagouri wrote, “Misrepresentation and misidentification is a constant problem if you are Muslim in America. And as much as I work to fight this, there are moments like this where I feel defeated.”

Who is Noor Tagouri?

Unlike Vogue suggests, Tagouri is, in fact, not a Pakistani actress. She is a Libyan-American journalist, activist and speaker who rose to fame early in her career. Some

of her most famous works are her self-produced documentary titled, “The Trouble They’ve Seen: The Forest Haven Story,” and most recently, her podcast about sex trafficking titled, “Sold in America.”

As an activist, Tagouri consistently uses her platform to raise awareness about the misrepresentation of marginalized communities.

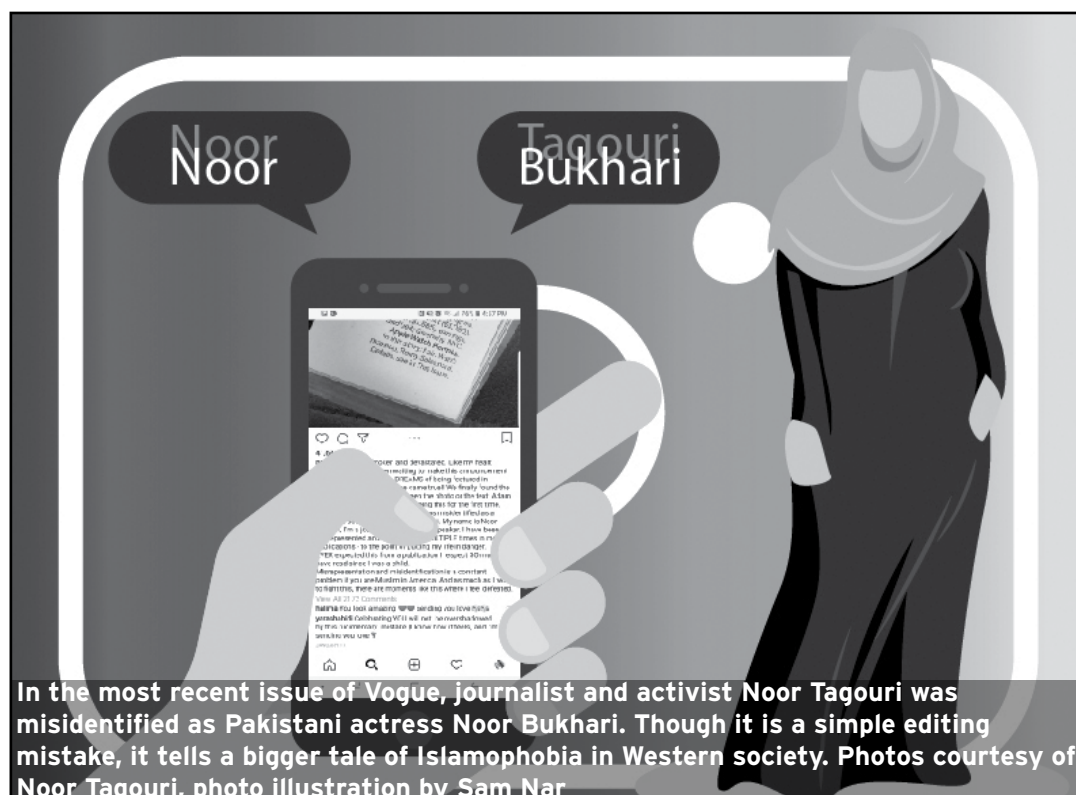
This work is inspired by experiences as a Muslim woman. Tagouri started wearing a hijab in her teenage years as a symbol of her Muslim faith, despite being afraid that she wouldn’t succeed on broadcast television with the headscarf. Her fear was wrong.

What is the damage?

Vogue’s misidentification of Tagouri was far from a simple mistake. In fact, it shows the sickening mindset of Western media and society: if you are a Muslim woman who wears a headscarf, you are an afterthought. Your words, your fighting, your activism, are silenced by the veil on your head.

And now is a better time than ever to change that.

It isn’t a secret that Islamophobia was rampant after the tragedy of 9/11. However, the world has done a decent job of hiding their



Islamophobia recently — until Vogue’s slip up. As one of the most renowned magazines in the world, this isn’t an easy mistake to miss.

Their misidentification yells, “We don’t know the difference between Muslim women who wear hijabs — and we don’t care to!”

But, sadly, Vogue isn’t the only one. Almost exactly two years before the Vogue incident, in January 2017, Tagouri’s face was the main photo used for an article about Noor Salman, the 2016 Orlando Nightclub shooter’s wife. According to Tagouri, this misidentification has put her in danger.

A recurring ‘mistake’

In 2016, a Californian student who wears a hijab went through a similar experience. According to Reuters, the student appeared in her yearbook with the false name “Isis Phillips.” The school claimed that it was a misprint, but the student, Bayan Zehlif, disagreed.

In a statement on Facebook, Zehlif said, “The school reached out to me and had the audacity to say that this was a typo. I beg to differ, let’s be real.”

Now, in 2019, it’s impossible to say whether or not the “Isis” situation was a typo or not. But

despite this, Zehlif’s yearbook incident tells another story of how Muslim women are overlooked — and if they aren’t overlooked, they are constantly attacked and unable to win the fight against the entire system.

According to the Washington Post, Los Osos High School’s principal made a public apology on the school’s Twitter account, whose tweets have since then been deleted. The apology adamantly claimed that it was a misprint.

Drowning in apologies

Vogue quickly apologized
Continued on Pg . 8

OUT’N ABOUT

Particle + Wave Media Arts Festival:

This three day event from Jan. 31 to Feb. 2 showcases international artists through screenings of short films, experimental renderings of flamenco, installations and an evening of live performances.

Chinese New Year Concert:

With Chinese New Year just around the corner, it’s time to start planning your celebrations. The Bella Concert Hall is presenting its second annual Chinese New Year Concert on Feb. 2 starting at 7:30 p.m.

Immortal Beloved:

Celebrate Valentine’s Day early this year with the Calgary Civic Symphony on Feb. 10 at Arts Commons. They’ll be performing iconic love themes like Tchaikovsky’s “Romeo and Juliet” and Beethoven’s Symphony No. 7.

The TV Binge Watchers Club:

Wordfest is holding a \$10 event on Feb. 12, hosted by Shelley Youngblut, to talk about your favourite (or least favourite) TV show: Stranger Things.

Continued from Pg. 7

for their misidentification of Tagouri through a public statement, finishing with, “We also understand that there is a larger issue of misidentification in media — especially among nonwhite subjects. We will try to be more thoughtful and careful in our work going forward, and we apologize for any embarrassment this has caused Tagouri and Bukhari.”

The apologies, both from Vogue and Los Osos High School, would not have been necessary if they did their part and did not overlook Muslim women who wear hijabs.

Tagouri and her team even sent an email to Vogue the week before publication, asking to

see the final copy of the photo caption, to ensure Tagouri would not be misidentified again.

They received no reply.

Don't be the oppressor

But quite frankly, it is not Muslim women's jobs to go out of their ways to make sure that people are being respectful and inclusive. It is not Muslim women's jobs to go out of their ways to make sure that they are being treated the same way as Muslim and non-Muslim women who don't wear hijabs.

It has been nearly 18 years since a terrorist attack hit the World Trade Centre and, subsequently, Islamophobia

rose to its peak. While rage surrounding Islamophobia is often centered on blatant attacks, like Trump's Muslim ban or France's face-covering ban, it's important to acknowledge smaller and subtler attacks like misidentification and misrepresentation of Muslim women.

It's time to step away from the controversial mindset that if a woman is wearing a headscarf, she is oppressed. It's time to accept that, for so many women, wearing a hijab, burka or niqab is a symbol of faith, respect, and empowerment.

It's time to call Muslim women by their correct names — with no exceptions.

The uphill battle of representation in Hollywood

Sarah Green

Contributor

The word “representation” is thrown around a lot nowadays. Over time, it has become a politically correct buzzword that many people support from a distance. It is a relevant hashtag we see on social media that we like, retweet and share. It's a timely video we appreciate and then forget about. It's a stirring speech that goes in one ear and out of the other.

We're all guilty of this surface-level commitment at times. Instead of passionately advocating for representation, we passively use the term to seem socially connected and relevant. In times like these, we cannot let the true meaning and power of this word be overshadowed by what is convenient or trendy. It is crucial we remember the faces and voices of the people

who have fought, are fighting and will continue to fight for representation.

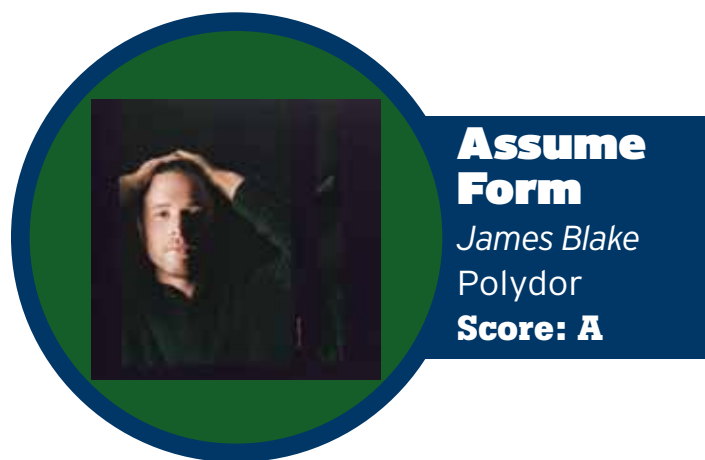
Hollywood is a major battleground for representation. Beneath all of the glitter and the glam, marginalized groups are fighting an uphill battle for representation in the entertainment industry. Despite the continual media coverage and the various movements started, Hollywood's progress on this matter has been practically non-existent over the past decade.

According to a 2018 study released by the University of Southern California (USC), women made up only 33 per cent of leads or co-leads in the top films of 2017. This study also found that 70.7 per cent of film characters were white. Another study released last year conducted by the University of California, Los Angeles (UCLA) found that minorities make up just 13.9 per cent of leads and 12.6 per cent of film directors. The same



Photo courtesy of Jeff Manning

Continued on Pg. 9



A study in both emotional vocal integration and atmospheric minimalist instrumentals, James Blake navigates the impossible task of never being overshadowed by A-list features on his fourth LP, *Assume Form*.

Soft but striking throughout, Blake finds space to croon and hit shaking falsetto choruses to fantastic effect. Whether it's over trap-beats on co-produced Metro Boomin tracks “Mile High” and “Tell Them,” or over humming and plucked strings on tracks like “Assume Form” and “Into the Red,” Blake soars regardless of the setting.

Adding to his growing list of show-stealing features over recent years, André 3000 returns to deliver a reminder of his well deserved contemporary legend status on dizzying late-album track “Where's the Catch,” an immediate stand out on an already solid album.

Blake's distinct tone and production style makes *Assume Form* an endlessly intriguing listen, setting the bar for 2019 releases high early on, hopefully acting as a push for further excellence throughout the year.

-Nathan Kunz

Better Oblivion Community Centre
Better Oblivion Community Centre
Dead Oceans
Score: B+



Work is surely picking up for alt-country darling Phoebe Bridgers, one-half of the newly-minted Better Oblivion Community Centre with Bright Eyes' Conor Oberst.

Between 2017's immaculate *Stranger in the Alps* and last year's similarly catchy “boygenius EP” with Julien Baker and Lucy Dacus, Bridgers seems equal parts unstoppable and unshakeable when it comes to cranking out solid and easily-digestible indie rock for the masses.

She is also the the best part of the titular Better Oblivion

Community Centre, a surprise 10-track LP that finds Bridgers and Oberst doing their best duets over safe (and sound!) folksy guitar toe-tappers (though there's a particularly energized performance in standout “Big Black Heart.”)

Do not be confused though, this is more of a Bridgers album than an Oberst one, and that's really the only point to listen to it. A brief digestif from one of the most engaging musicians going.

-Alec Warkentin

Continued from Pg. 8

study found that female film directors are a rare breed in Hollywood, making up just 6.9 per cent.

In an interview with The Guardian, author of the USC study, Stacy Smith, said, "There is a cacophony of voices crying out for change, but Hollywood hasn't changed its hiring practices. We're seeing very stable trends and very little movement in storytelling."

When looking at the severe lack of representation in Hollywood, it is easy to feel disheartened. However, when Sandra Oh delivered her opening monologue at the Golden Globes earlier this year, there was a tangible sense of hope in the room. Oh, 47, made history by being the first person of colour to host the Golden Globes. Not only that, Oh was also the first Asian woman to be nominated for an Emmy in the Lead Actress category. In her heartfelt speech, Oh embodied the definition of bravery and authenticity.

"In all honesty, I said 'yes' to the fear of being on this stage tonight because I wanted to be here to look out into this audience and witness this moment of change," said Oh. "And I'm not fooling myself. Next year could be different. It probably will be. But right

now, this moment is real. Trust me, it is real. Because I see you. And I see you. All of these faces of change. And now so will everyone else."

Oh also paid a tribute to her Korean immigrant parents in a beautiful way.

"There are two people here tonight that I'm so grateful they're here with me. I'd like to thank my mother and my father," said Oh. "Umma, appa... Saranghaeyo."

This translates to, "Mom and dad, I love you."

Oh's candid display of vulnerability highlighted the importance of diversity. This year, the Golden Globes made history by breaking its record of diverse nominations. Oh's emotional monologue solidified this crucial milestone for representation within the entertainment industry. Her words ignited a spark of hope in the hearts and minds of many. However, it is up to us to ensure this spark does not fade.

With the Oscars coming up next month, the #OscarsSoWhite hashtag remains on the forefront of many people's minds. Therefore, it is crucial we keep this conversation about representation alive. In terms of diversity, this year looks promising for the Academy. The current nominees include

two directors of colour and five of the eight Best Picture nominees are centred around people of colour.

However, many believe more needs to be done to hold Hollywood accountable. Actor Michael B. Jordan recently spoke out about his support of inclusion riders. An inclusion rider fights for representation by ensuring a certain level of diversity is present within the cast and production staff on set. It takes form as a provision in actors' or filmmakers' contracts.

Smith, who conducted the USC study on representation,

developed the idea of inclusion riders.

"Good intentions are not enough to create change," she said in an interview with *Bustle*. "Hollywood needs tangible, actionable solutions that will usher in real transformation. Our work brings to light the steps that companies and individuals can take if they want to see results."

Evidently, we have a long ways to go in terms of representation. However, we are taking steps in the right direction; Sandra Oh's speech at the Golden Globes is proof of that. In that moment,

representation wasn't some distant concept that we lightheartedly tweet about — it was tangible.

Moving forward, it is crucial we do not diminish this moment of change. Instead, we need to come together, regardless of race, gender or sexual orientation and fiercely advocate for representation across the board. We need to utilize the platforms we have been given, call for change and take action. And above all, we cannot let buzzwords determine what causes are worth fighting for.



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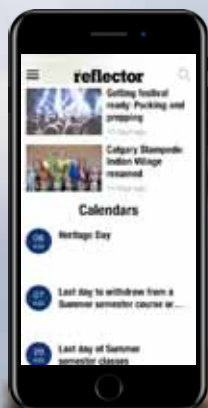
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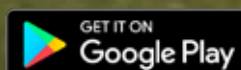
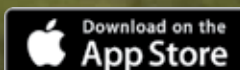
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sports

Five CFL players who affected the NFL

With Stamps superstar Singleton signing south, we look at past CFL superstars who found success in the NFL

Sajan Jabbal

Staff Writer

With Super Bowl Sunday fast approaching, we reflect on players who played their careers north of the border with news of Calgary Stampeders superstar and three time Grey Cup Champion Alex Singleton making the jump into the big leagues, signing a contract with the Philadelphia Eagles of the NFL.

Once known as the rising star of the CFL, Singleton, 25, is coming off a career season with the Stamps, who led the league in defensive tackles with 129.

Although there are many CFL players that make the jump to the NFL after success in Canada, most players are not very successful. Playing in a higher intensity league, with players of the highest skill is not easy, but here are some of the best players to play in both the CFL and the NFL.

5. Joe Horn: 1995 - 2007

During the 1994-1995 season, the CFL made an attempt to expand into the United States, bringing local teams into the league.

The Memphis Mad Dogs were one of the experiments, where wide receiver Joe Horn began his professional career. He played a great rookie season with the Mad Dogs

with 71 catches and 1,415 yards that year.

Catching the attention of many NFL teams, he decided to enter the 1996 NFL draft where he went to the Kansas City chiefs in the fifth round.

The bulk of Horn's career was played for the New Orleans Saints, where he picked up 1,340 yards in his first season with the team.

When Hurricane Katrina swept through the city of New Orleans, Horn was one of the first players to help with the relief effort. This made him a celebrity in the city that he loved, and never wanted to leave again.

He finished his career with the Atlanta Falcons in 2007, where he finished with a total of 8,744 yards spanning 11 seasons in the NFL.

He will be known as the best receiver in Saints history.

4. Mike Vanderjagt: 1993 - 2008

Canadian Mike Vanderjagt is the most amazing place kicker the world has ever seen.

He started his career in the CFL in 1993, where he played four seasons with the Saskatchewan Roughriders and the Toronto Argonauts.



Now ex-Calgary Stampeders Alex Singleton is moving on and moving south upon signing a contract with the NFL's Philadelphia Eagles earlier this month. Singleton is one of many who took their talents from Canada and carried their career to the highest level. Photo courtesy of Gavin Young/Postmedia

He logged nine seasons in the NFL, mostly with the Indianapolis Colts.

In the NFL, he completed 230 field goals out of 266, the most in NFL history. He ended his career back home with the Argos in 2008.

3. Joe Theismann: 1971 - 1985

Big bad Joe Theismann is one of the most recognized names in football history. He was drafted in the fourth round of the 1971 NFL draft, but opted to

start his career with the Toronto Argonauts of the CFL. In his 1971 rookie season as quarterback, the Argos finished first in the league with a 10 - 4 record, and took Theismann led the team to the Grey Cup final, where they lost in the final minute. He played two more seasons with the Argos, where he received two All-star team selections, and was arguably the best player to ever play in the CFL. He picked up an astounding 6,093 passing yards in just three seasons with the Argos.

He then made his move back to the NFL where he played for the Washington Redskins for 11 seasons. In those 11 seasons, he won a Superbowl, the NFL MVP award, was selected to the Pro Bowl twice, best offensive player of the year award, while also racking up many more accolades.

He will be known as the best player in the team's history and finished his career with a total of 31,299 passing yards.

He is in both the CFL and NFL Hall of Fame.

#S

32, seconds was all it took for UFC Flyweight Champion, Henry Cejudo, to knock out UFC Bantamweight Champion T.J. Dillashaw

17, years has passed since the Los Angeles Rams, who played in St. Louis at the time, and the New England Patriots have met in the Super Bowl

\$50K, in fines dished out to New Orleans Pelicans star Anthony Davis for publicly demanding a trade

40, combined goals scored this past weekend during the NHL's All-Star Game

2. Warren Moon: 1978 - 2000

Warren Moon is another successful quarterback on this list.

Moon went undrafted in the 1977 NFL draft, and decided to make his move to the CFL to find success. He started his career in 1978 with the Edmonton Eskimos and made an immediate impact to the team's success. With the help of Moon as quarterback, the Eskimos won five consecutive Grey Cups between 1978-82.

Moon won Grey Cup MVP in 1980/82 and won the CFL's most outstanding player in 1983, his last season in the CFL. In 1984, Moon accepted an offer from the Houston Oilers, and he picked up where he left off in the CFL.

He played a total of 17 seasons in the NFL and although he did not win a Super Bowl, he'll be known as one of the best passing quarterbacks in history.

Moon retired in 2000, where he recorded a total of 49,325 in the NFL.


1. Doug Flutie: 1985 - 2005

Quarterback Doug Flutie started his professional football career in the NFL in 1986, but after sitting on the bench for five years, he made the move to the CFL's B.C. Lions, but the bulk of his career was in Calgary where he spent four years.

Flutie played eight seasons in the CFL and tallied 41,355 passing yards, threw for 270 touchdowns, averaging 306 yards per game, the most in CFL history.

Flutie made the move back to the NFL in 1998, where he played for the Buffalo Bills, San Diego Chargers and the New England Patriots.

His most significant NFL season was in 2001, where he started in all 16 games for the Chargers, and threw a passing percentage of 56.4. Although Flutie's NFL career is nothing spectacular, he made a name for himself in the CFL as one of the best quarterbacks in its history.



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Q&A with MRU Cougar hockey star Jamal Watson

Get to know the third-year forward and voice of the team

Dan Khavkin

Sports Editor

Jamal Watson is a third-year forward for the men's hockey team here on campus. Often regarded as the voice and the spark of the dressing room, *The Reflector* sat down with the Cougar forward to get to know the personal side of him.

Who is your favourite player?

Wayne Simmonds of the Philadelphia Flyers, but my all-time favourite player is Pavel Bure. When I was a kid I remember watching the Don Cherry videos and he would always be in there and I would never forget the highlights he had.

Who is your favorite team?

Colorado Avalanche. I started to get into hockey in the early 2000s and that was when the team was stacked with Sakic, Forsberg, Roy.

Who would you say is your hero?

I would say it is Martin Luther King Jr. He did a lot of things for the world especially African-American people. He was such an important part of human history so how can he not be.

Who on the team would you consider your hero?

No question it's Colin Cooper. I have never met a more straight edged guy in my life. He's a guy who always has a positive vibe and always smiles. He's one of a kind.

Why do you wear the number 23?

I wore 17 in Junior but when I got to MRU, Tanner Olstad (an MRU senior) was wearing that number and I knew I wouldn't get it so I chose 23 in honor of Michael Jordan. I'm a pretty big basketball guy.

What's your pre-game routine?

I keep it pretty normal, I don't do anything to crazy.

Just warming up with the boys really. Connor Rankin and I sit in the stands about 20 minutes before the game and just talk about stuff to stay calm before the game.

Why did you come to MRU after Junior?

I remember hearing the potential of USPORTS and university hockey in Junior. Bert (Gilling) brought me in as soon as I got back to Calgary and showed me around. What he offered me about MRU hockey was something I wanted to buy into and go to school here. For someone who hasn't been in school for four or five years, the smaller classes was an easier adjustment.

Compare the experience of playing with past players such as Cam MacIse and Matt Brown to being a veteran presence today.

I remember the stories I heard about Matt Brown and how he was the 'big-time big-game' player and what he meant to Cougar Hockey, how he was always ready for the moment. I was lucky enough to play with Cam MacIse who was the most well-rounded and talented guy I have ever played with, you can see by his pro ranks. Being a veteran now you want to emulate those guys to be an important part of games and step up in big moments.

Who has the best social media on the team?

Definitely Austin Adamson has the best Instagram of the team, the guys love him. I'm the most active Twitter user, so for sure my Twitter, but his IG is awesome.

Who's the team's ladies man?

Gonna have to go with Ryley Lindgren. That guy just knows his way around the girls.

You used to have 'Odell Beckham' hair back in

first-year, did you rock it in honor of him?

My brother got it in the summer and he kind of dared me and said 'you won't do it!' and I said 'yeah I will,' then went to the barber two days later. When I got it I had to stick with it all year. I know it was a wild look but the thing that got me to stop it was how expensive it was to keep it. I would spend around \$100-120 to sit in a chair for an hour and a half. By the time five or six months rolled around, I said to myself 'I've had enough of this.' I did look pretty ridiculous and outrageous but I had no regrets. It was a good look for a bit especially when Odell was still doing well.

What's your go-to celebration?

It's the 'double fist pump' with a knee in the air. I had to tone it down. When I played Junior, especially in my 20-year-old season, it used to be pretty outrageous.

What is your best pick up line?

You've put me on the spot! I think it would have to be the one where you ask her if it hurt when she fell from heaven. It's so dry and cheesy but it works.

Best memory wearing a Cougars sweater?

Last year when we left Manitoba as a six-seed. Our team was super underestimated. Our group did start pretty slow with a bunch of new guys, but when we showed up there we still said, 'hey even though were really new this year we still have the same standards and expectations.'

Favourite Crowchild Classic memory?

My first year I did score. It was a tip-in right in front of the net. It did kind of suck because when it went in, no one knew who scored it so I didn't exactly get 'all the



Jamal Watson showing off his passion for MRU. The third-year Cougar forward will be inside the Saddledome for the Crowchild Classic and will be a heavy presence with his leadership on the ice and on the bench. Photo courtesy of MRU Cougars

glory' as it should be but it wasn't a huge deal. Scoring a goal in the Crowchild Classic, you can't really ask for more.

Best part about playing for MRU?

Bert built a nice structure. He built the levels of expectations and performance needed for our program to build up. I'm a competitive guy, I want to be a part of something important and great. The way Bert acts and treats the program is my favourite thing about MRU, it's more than just a school to play hockey, he wants us to be leaders off the ice and be great people in life.

Any shoutouts to your teammates?

Shoutout to all the guys who will experience the Crowchild Classic, especially the first time. It will really hit home when they hit the ice for warm-ups. That crowd is loud. You don't realize how loud they are and you see students cheering being much different than your parents or at the home rink. When there's 7,000 students screaming for you and having the time of their lives, it's something you will never forget.